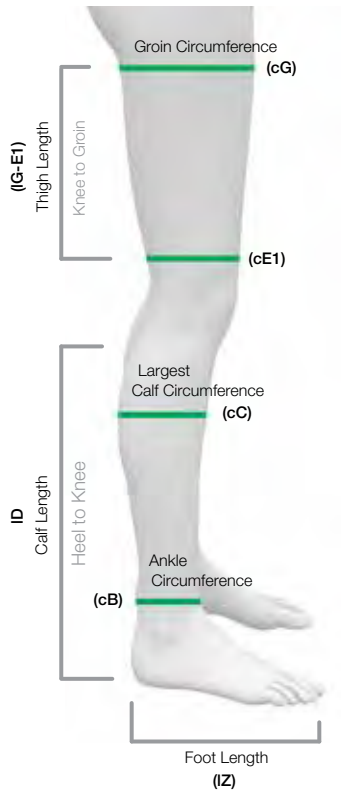


Caresia™

How to Measure

Measuring for Caresia is simple and easy.



How to measure the Leg:

Ask the patient to stand, if possible. Mark and measure the leg as follows

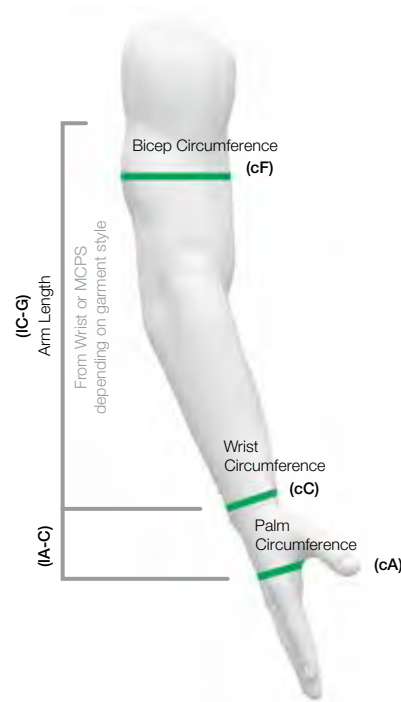
Circumference points:

- cG 2cm below Gluteal Fold
- cC Widest part of Calf
- cB 2cm Above Malleolus

Lengths:

- IZ Heel to base of Toes
- ID ID The length from point D (2cm below popliteal fossa) to the ground
- IG-E1 The length between point G (2cm below gluteal fold) point E1 (5cm above the Knee measuring from the centre point of the knee cap)

All length measurements should be longitudinal and should follow body contours.



How to measure the arm:

Measure the arm in a supported and relaxed position with the elbow slightly flexed. The measurement points refer to the following anatomical landmarks:

Circumference points:

- cA Widest width of the Palm, just below the metacarpal phalangeal joints
- cC Narrowest point of the Wrist
- cF Widest part of the bicep

Lengths:

- IA-C The length between point A (widest width of the palm, just below the metacarpal phalangeal joints) and point C (narrowest point of the wrist)
- IC-G The length between point C (narrowest point of the wrist) and point G (top of the arm, just below the axillary crease)