



## Orthopaedic Bracing and Supports



The OrthoBrace™ range of medical products are designed to provide you with optimal support, control, comfort and care.

The OrthoBrace™ range of medical products are used for preventative healthcare measures, acute injuries, post surgery procedures, rehabilitation, mobility and recovery.

As an Australian family owned and operated healthcare company, Medical Accessories of Australia is proud to deliver the OrthoBrace™ range of medical products, services and support to you – the person that matters most.



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The background is a solid blue color. On the left side, there are several overlapping, white, stylized geometric shapes that resemble the letter 'R' or 'B'. These shapes are composed of thick white lines and have rounded corners. They are arranged in a way that they appear to be layered, with some shapes partially overlapping others. The overall effect is a modern, abstract design.

# Foot and Ankle

## OrthoAir Tall



With 360° of circumferential rigid protection, the OrthoAir Tall controlled ankle motion (CAM) walker provides the ultimate in CAM walker immobilisation. The unique full shell design allows the anterior and posterior injection moulded plastic shells to optimally conform to the variable lower leg volume of the patient. The plastic front shell can be positioned on both the inside and the outside of the back shell depending on the leg size of the patient. The integrated liner inflation system further stabilises the ankle within the rigid housing of the CAM walker filling leftover space around the ankle with air, whilst providing extra patient comfort.

### Indications

- Moderate to severe stable ankle/foot fractures
- Post-operative stabilisation of the foot/ankle
- Acute ankle/foot injuries
- Ankle/foot strains and sprains

### Product highlights

- Full circumferential supportive plastic shells
- Inflatable, pressure adjustable liner
- Moveable air inflation button
- Low profile rocker sole

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	Foot length (in)	US men's shoe size	US women's shoe size	Product code
S	22-26cm	8½-10¼"	4.5-7	6-8	OBAIT1-2
M	26-28cm	10¼-11"	7.5-10.5	8.5-11.5	OBAIT1-3
L	28-30cm	11-12¾"	10.5-12.5	11.5-13.5	OBAIT1-4



## OrthoAir Short



With 360° of circumferential rigid protection, the OrthoAir Short CAM walker provides the ultimate in mid-foot immobilisation. With anterior and poster injection moulded plastic shells fully surrounding the foot and toes along with removable toe protection cap, the OrthoAir Short is the premium option for protection of mid-foot and toe injuries. The integrated liner inflation system further stabilises the mid-foot and/or toes, whilst providing extra patient comfort.

### Indications

- Moderate to severe stable mid-foot and toe fractures
- Post-operative stabilisation of the mid-foot/toe
- Acute mid-foot/toe injuries
- Mid-foot and toe strains and sprains

### Product highlights

- Full circumferential supportive plastic shells
- Inflatable, pressure adjustable liner
- Moveable air inflation button
- Low profile rocker sole

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	Foot length (in)	US men's shoe size	US women's shoe size	Product code
S	22-26cm	8½-10¼"	4.5-7	6-8	OBAIS1-2
M	26-28cm	10¼-11"	7.5-10.5	8.5-11.5	OBAIS1-3
L	28-30cm	11-12¾"	10.5-12.5	11.5-13.5	OBAIS1-4



## OrthoStep Tall



Indicated for strains and sprains of the ankle and foot, along with mild, stable fractures, the OrthoStep Tall provides a secure environment for ankle and foot healing. Constructed with a high strength injection moulded plastic frame, with shock absorbing, hard wearing tread sole and fast-fit 4 strap Velcro closure system, the OrthoStep Tall provides effective ankle immobilisation at an economical price. Available in 5 different sizes to fit youths to the largest of patients.

### Indications

- Ankle/foot strains and sprains
- Mild, stable ankle/foot fractures
- Post-operative care of the foot/ankle
- Acute ankle/foot injuries

### Product highlights

- 5 different sizes
- Rigid plastic support stirrups
- Rocker bottom sole
- 4 strap fast-fit Velcro closure system

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
XS	Up to 23 cm	2-4	3.5-5.5	OBSTT1-1
S	23.5-27cm	4.5-7	6-8	OBSTT1-2
M	27.5-29cm	7.5-10.5	8.5-11.5	OBSTT1-3
L	29.5-31cm	10.5-12.5	11.5-13.5	OBSTT1-4
XL	31.5-33cm	12.5 and above	13.5 and above	OBSTT1-5



## OrthoStep Short



Indicated for strains and sprains of the mid-foot and toes, along with mild, stable fractures, the OrthoStep Short provides a secure environment for mid-foot and toe healing. Constructed with a high strength injection moulded plastic frame and a shock absorbing and hard wearing tread sole, the OrthoStep Short provides effective mid-foot and toe immobilisation at an economical price. Available in 5 different sizes to fit youths to the largest of patients.

### Indications

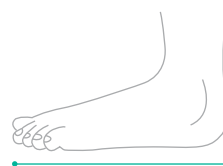
- Mid-foot and toe strains and sprains
- Mild, stable mid-foot/toe fractures
- Post-operative care of the mid-foot/toes
- Acute mid-foot/toe injuries

### Product highlights

- 5 different sizes
- Rigid plastic support stirrups
- Rocker bottom sole
- 3 strap fast-fit Velcro closure system

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
XS	Up to 23 cm	2-4	3.5-5.5	OBSTS1-1
S	23.5-27cm	4.5-7	6-8	OBSTS1-2
M	27.5-29cm	7.5-10.5	8.5-11.5	OBSTS1-3
L	29.5-31cm	10.5-12.5	11.5-13.5	OBSTS1-4
XL	31.5-33cm	12.5 and above	13.5 and above	OBSTS1-5



## OrthoStep Tall with Air



Indicated for strains and sprains of the ankle and foot, along with mild, stable fractures, the OrthoStep Tall with Air provides a secure environment for ankle and foot healing. Constructed with a high strength injection moulded plastic frame, with a shock absorbing, hard wearing tread sole and fast-fit 4 strap Velcro closure system, the OrthoStep Tall with Air provides effective ankle immobilisation at an economical price. The inflatable adjustable pressure air bladder liner provides extra lateral stability. Available in 5 different sizes to fit youths to the largest of patients.

### Indications

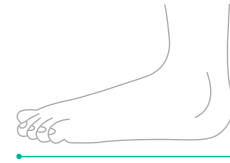
- Ankle/foot strains and sprains
- Mild, stable ankle/foot fractures
- Post-operative care of the foot/ankle
- Acute ankle/foot injuries

### Product highlights

- 5 different sizes
- Rigid plastic support stirrups
- Inflatable, pressure adjustable liner
- Rocker bottom sole

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
XS	Up to 23 cm	2-4	3.5-5.5	OBSTA1-1
S	23.5-27cm	4.5-7	6-8	OBSTA1-2
M	27.5-29cm	7.5-10.5	8.5-11.5	OBSTA1-3
L	29.5-31cm	10.5-12.5	11.5-13.5	OBSTA1-4
XL	31.5-33cm	12.5 and above	13.5 and above	OBSTA1-5



## OrthoStep Short with Air



Indicated for strains and sprains of the mid-foot and toes, along with mild, stable fractures, the OrthoStep Short with Air provides a secure environment for mid-foot and toe healing. Constructed with a high strength injection moulded plastic frame, with a shock absorbing, hard wearing tread sole, the OrthoStep Short with Air provides effective mid-foot/toe immobilisation at an economical price. The inflatable adjustable pressure air bladder liner provides extra lateral stability. Available in 5 different sizes to fit youths to the largest of patients.

### Indications

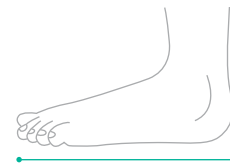
- Mid-foot and toe strains and sprains
- Mild, stable mid-foot/toe fractures
- Post-operative care of the mid-foot/toes
- Acute mid-foot/toe injuries

### Product highlights

- 5 different sizes
- Rigid plastic support stirrups
- Inflatable, pressure adjustable liner
- Rocker bottom sole

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
XS	Up to 23 cm	2-4	3.5-5.5	OBSSA1-1
S	23.5-27cm	4.5-7	6-8	OBSSA1-2
M	27.5-29cm	7.5-10.5	8.5-11.5	OBSSA1-3
L	29.5-31cm	10.5-12.5	11.5-13.5	OBSSA1-4
XL	31.5-33cm	12.5 and above	13.5 and above	OBSSA1-5





## OrthoWedges



OrthoWedges can be used in conjunction with OrthoAir Tall, OrthoStep Tall and OrthoStep Tall with Air to hold the ankle in a plantar-flexed position within these styles of tall CAM walker. OrthoWedges are most commonly indicated following injury or surgical repair to the Achilles tendon but can also be used for other Achilles tendinopathies. Each wedge is 2cm tall and they may be peeled away to reduce the plantar-flexion angle of the ankle during the rehabilitation process.

### Indications

- Achilles tendon repair
- Achilles tendinopathy
- Stable ankle/foot fractures
- Ankle/foot strains and sprains

### Product highlights

- Soft neoprene top layer for patient comfort
- 3 x 2cm solid EVA wedges
- 1 x 1.8cm soft top EVA wedge for patient comfort
- For use with OrthoAir Tall, OrthoStep Tall and OrthoStep Tall with Air

### Measuring guide

Universal size fits all OrthoAir Tall, OrthoStep Tall and OrthoStep Tall with Air CAM walkers.

### Ordering information

Size	Product Code
Universal	OBWED1-U



## OrthoStep Mini



Designed for the smallest of patients, the OrthoStep Mini is a controlled ankle motion (CAM) walker that provides a secure environment for ankle and foot healing. Constructed with a high strength injection moulded plastic frame, the OrthoStep Mini provides effective ankle immobilisation at an economical price. The OrthoStep Mini CAM walker is most commonly indicated following injury or surgery to the ankle or foot, stable ankle/foot fractures and ankle/foot strains and sprains in children.

### Indications

- Ankle/foot strains and sprains
- Mild, stable ankle/foot fractures
- Post-operative care of the foot/ankle
- Acute ankle/foot injuries

### Product highlights

- Lightweight design
- Different kid friendly liner edging colours
- Rocker bottom sole
- Velcro closure

### Measuring guide

Measure the length of the foot or refer the patient's age.



### Ordering information

Size	Foot length (cm)	Foot length (in)	Child's age	Product code
S	Up to 13cm	Up to 5"	1-2.5 years	OBSTM1-2
M	13cm-18cm	5-7"	2.5-5 years	OBSTM1-3
L	16-21cm	6¼-8¼"	5-8 years	OBSTM1-4



## OrthoAchilles



The OrthoAchilles controlled ankle motion (CAM) walker provides both fixed restricted ankle range of motion (ROM) and protected dynamic ROM in 7.5° increments from 45° of plantar flexion to 30° of dorsiflexion. The OrthoAchilles CAM walker is most commonly indicated following injury or surgical repair to the Achilles tendon but can also be used for stable ankle/foot fractures and ankle/foot strains and sprains where restricted dorsi-flexion and plantar-flexion is prescribed.

### Indications

- Achilles tendon repair
- Achilles tendinopathy
- Stable ankle/foot fractures
- Ankle/foot strains and sprains

### Product highlights

- Lightweight design
- 5 appropriate sizes
- Easy adjustable ROM
- Rocker bottom sole

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	Foot length (in)	US men's shoe size	US women's shoe size	Product code
XS	Up to 23 cm	Up to 9"	2-4	3.5-5.5	OBACH1-1
S	23.5-27cm	9¼-10½"	4.5-7	6-8	OBACH1-2
M	27.5-29cm	10½-11½"	7.5-10.5	8.5-11.5	OBACH1-3
L	29.5-31cm	11½-12"	10.5-12.5	11.5-13.5	OBACH1-4
XL	31.5-33cm	12-13"	12.5 and above	13.5 and above	OBACH1-5

## OrthoSquare Toe



The OrthoSquare Toe post-operative shoe is a high quality but economical option following injury or surgery to the foot or toes. Designed with a soft velvet inner lining, wide toe section to accommodate dressings and a hard rigid sole, the OrthoSquare Toe is designed to provide elite post-surgical protection and stability with patient comfort in mind. Can be used on left or right feet. 7 different sizes available.

### Indications

- Post-operative care of the foot and toe
- Toe injuries
- Foot injuries
- Bunion correction

### Product highlights

- Soft velvet inner lining
- Wide toe box for bandage accommodation
- High performance rigid sole
- Paediatric to adult sizes available

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
Paediatric	Up to 20.5cm	Up to 2	Up to 4	OBSQT1-P
XXS	20.5-23cm	2-3	4-5	OBSQT1-0
XS	23-24cm	3-4	5-6	OBSQT1-1
S	24-26cm	4-6	6-8	OBSQT1-2
M	26-27.5cm	6-9	8-11	OBSQT1-3
L	27.5-29cm	9-12	11-14	OBSQT1-4
XL	29+	12+	14+	OBSQT1-5

## OrthoEco Shoe

The OrthoEco Shoe is an economical option following injury or surgery to the foot or toes. Designed with a rigid, rounded toe walking sole and manufactured in 9 different sizes with wider fittings for men and a narrower design for women.

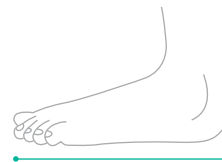


### Indications

- Post-operative care of the foot and toe
- Toe injuries
- Foot injuries
- Bunion correction

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Product highlights

- Men's, women's and paediatric specific sizing
- Rounded sole design distal end
- Rigid white sole
- Can be used on left and right feet

### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
Paediatric	Up to 19.5cm	Up to size 1	Up to size 1	OBECO1-P
Women's S	20-23cm	NA	2.5-5	OBECO1-2WMN
Women's M	23-24.5cm	NA	5-7.5	OBECO1-3WMN
Women's L	24.5-26cm	NA	7.5-10	OBECO1-4WMN
Men's S	24.5-26cm	6-8	NA	OBECO1-2MEN
Men's M	26-27.5cm	8-10.5	NA	OBECO1-3MEN
Men's L	27.5-29cm	10.5-12.5	NA	OBECO1-4MEN
Men's XL	29-31cm	12.5-14	NA	OBECO1-5MEN
Men's XXL	31-33cm	14+	NA	OBECO1-6MEN



## OrthoPostop Pro

The OrthoPostop Pro post-operative shoe is a premium quality option following injury or surgery to the foot or toes. Designed with a soft velvet inner lining, wide toe section to accommodate dressings, and a rigid rocker sole, the OrthoPostop Pro is designed to provide elite post-surgical protection and stability with patient comfort in mind. 6 different sizes available.

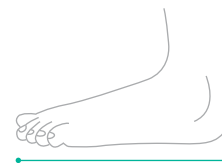


### Indications

- Post-operative care of the foot and toe
- Foot/toe injuries
- Bunion correction

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Product highlights

- Soft velvet inner lining
- Wide toe box for bandage accommodation
- High performance rocker sole
- Can be used on left and right feet

### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
XS	Up to 23cm	Up to size 5	Up to size 7	OBPOP1-1
S	23-25cm	5-7	7-9	OBPOP1-2
M	25-27cm	7-9	9-11	OBPOP1-3
L	27-29cm	9-11	11-13	OBPOP1-4
XL	29-31cm	11-13	13-15	OBPOP1-5
XXL	31-33cm	13+	NA	OBPOP1-6



## OrthoOffload



The OrthoOffload post-operative shoe is a high quality but economical option following injury or surgery where specific protection of the toes is required. Designed with a soft velvet inner lining, wide toe section to accommodate dressings, and a hard rigid wedged sole, the OrthoOffload post-operative shoe is designed to provide elite post-surgical protection and stability with patient comfort in mind.

### Indications

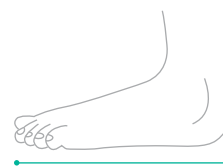
- Post-operative care of the foot and toe
- Toe injuries
- Mid-foot injuries
- Bunion correction

### Product highlights

- Soft velvet inner lining
- Wide toe box for bandage accommodation
- High performance wedged rigid sole
- Can be used on left and right feet

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
XS	Up to 21.5cm	Up to 5	Up to 7	OBOFF1-1
S	21.5- 24cm	5-7	7-9	OBOFF1-2
M	24-26cm	7-9	9-11	OBOFF1-3
L	26-28cm	9-12	11-14	OBOFF1-4
XL	28-30cm	12+	14+	OBOFF1-5



## OrthoCast Shoe



The OrthoCast Shoe is an economical solution to adding a weight-bearing, non-slip sole to a plaster or fibreglass lower leg cast. Constructed with a canvas upper and a white non-marking, shock absorbing EVA rocker sole, the OrthoCast Shoe allows safe ambulation following the application of a weight-bearing, lower limb cast.

### Indications

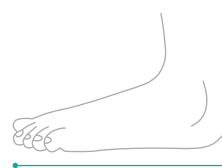
- For use over plaster or fibreglass casts

### Product highlights

- Can be used on left and right feet
- Size range from paediatric to adult
- Non-marking sole
- Shock absorbing EVA rocker sole

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code
Paediatric	Up to 12.5cm	Up to 5	Up to 5	OBCSH1-P
XXXS	12.5-15.5cm	5-9	5-9	OBCSH1-00
XXS	15.5-18cm	9-13	9-13	OBCSH1-0
XS	18-21cm	1-4	3-6	OBCSH1-1
S	21-23cm	4-6	6-8	OBCSH1-2
M	23-25.5cm	6-8.5	8-10.5	OBCSH1-3
L	25.5-29cm	8.5-12	10.5+	OBCSH1-4
XL	29-32cm	12+	NA	OBCSH1-5



## OrthoBunion Boot



The OrthoBunion Boot is a high quality but economical option following injury or surgery where specific off-loading of the toes is required. Designed with a soft velvet inner lining and a posterior, rigid wedged sole, the OrthoBunion Boot is designed to provide elite post-surgical protection with patient comfort in mind.

### Indications

- Post-operative care of the toes
- Bunion correction
- Toe injuries
- Nail bed surgery

### Product highlights

- Soft velvet inner lining
- High performance wedged rigid sole
- Posterior wedge design
- Can be used on left and right feet

### Measuring guide

Refer the patient's US shoe size.

### Ordering information

Size	US men's shoe size	US women's shoe size	Product code
Regular	Up to 9	Up to 11	OBBUN1-REG
Large	9+	11+	OBBUN1-4

## OrthoHallux



Designed for surgical and non-surgical treatment of hallux valgus (bunions) the OrthoHallux is a high quality, dynamic orthosis constructed with a silicone inner padding, housed within a specially designed polymer plastic. Using the 3-points of pressure principle, the OrthoHallux can be used prophylactically for mild to moderate hallux valgus to straighten the big toe when wearing the device, or to protect internal surgical fixation during the healing phase following hallux valgus correction surgery. One size fits left and right feet and most toe sizes.

### Indications

- Post-operative care of bunionectomy
- Pre-operative bunion support
- Big toe sprains and strains

### Product highlights

- Soft silicone inner lining
- Universal sizing
- Low profile. Can be worn in shoes
- Anatomically shaped

### Measuring guide

One size fits most.

### Ordering information

Size	Product code
Universal	OBHAL1-U

## OrthoF8 Ankle

The OrthoF8 ankle brace is a low profile sports ankle brace designed to mimic the figure of 8 ankle taping technique. With a lace-up inner sleeve, two low profile rigid figure of 8 straps and an elastic outer locking strap, the OrthoF8 ankle brace provides stability against injury or re-injury of both the medial and lateral ankle ligaments in one of the lowest profile designed ankle braces available. Designed to fit both left and right ankles and available in 5 different sizes.

### Indications

- Ankle sprains and strains
- Chronic ankle ligament instability
- Prophylactic ankle protection
- Post-surgical ankle rehabilitation

### Product highlights

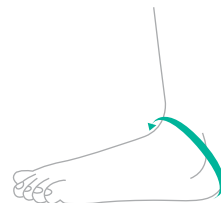
- Low profile design
- Subtalar inversion/eversion control
- High performance material
- Can be used on left and right ankles

### Ordering information

Size	Heel (cm)	Product code
XS	24-27cm	OBF8A1-1
S	27-30cm	OBF8A1-2
M	30-33cm	OBF8A1-3
L	33-37cm	OBF8A1-4
XL	37-40cm	OBF8A1-5

### Measuring guide

Measure heel circumference.



## OrthoActive Ankle

The OrthoActive ankle brace is a premium product manufactured with breathable velour and soft foams, featuring mediolateral stabilisers at an anti-rotational angle to provide elite ankle protection. The diagonal varus correction strap provides the control required to prevent supination movements that can cause sprains and other sports related ankle injuries. The rear strap enables individualised fitting and prevents both ankle stabilisers from separating under greater mechanical load. Comes in 3 different sizes with left and right specific design.

### Indications

- Ankle sprains and strains
- Chronic ankle ligament instability
- Post-surgical ankle rehabilitation
- Syndesmosis/high ankle sprains

### Product highlights

- Low profile design
- Fast-fit easy application
- High performance material
- Anatomically designed stabilisers

### Ordering information

Size	Ankle (cm)	Ankle (in)	Product code (Right)	Product code (Left)
S	17-20cm	6¾-8"	OBAAN1-2R	OBAAN1-2L
M	20-25cm	8-10"	OBAAN1-3R	OBAAN1-3L
L	25-30cm	10-11¾"	OBAAN1-4R	OBAAN1-4L

### Measuring guide

Measure ankle circumference.



## OrthoStirrup Ankle



The OrthoStirrup Ankle brace is a highly supportive ankle brace perfect for tibia/fibula compression and stabilisation following injuries or surgery to the syndesmosis (high ankle sprain) or other undiagnosed ankle injuries in an acute setting. Designed to fit both left and right ankles and available in one universal size, the OrthoStirrup Ankle brace is also perfectly suited to hospital emergency departments who only want to hold minimal stock.

### Indications

- Syndesmosis/high ankle sprains
- Lateral/medial ankle sprains
- Acute ankle injuries
- Chronic ankle instability

### Product highlights

- Universal size
- Universal side (L+R)
- Adjustable air/foam cells
- Fast easy application

### Measuring guide

One size fits most.

### Ordering information

Size	Product Code
Universal	OBST11-U

## OrthoICU AFO



The OrthoICU AFO is an economical solution to preventing both plantar flexion contractures and heel pressure and potential ulceration for patients in the intensive care unit (ICU). The splint design incorporates a void underneath the posterior aspect of the heel so there is minimal pressure underneath. The plantar/dorsi-flexion angle can be easily adjusted with the finger unlocking screw mechanisms, and the terry towelling liner can be removed and washed when necessary.

### Indications

- Use in ICU to prevent calf muscle contracture
- ICU heel ulcer prevention
- Calf muscle contracture night stretching
- Achilles tendon injuries/plantar fasciitis

### Product highlights

- Adjustable dorsi/plantar-flexion angle
- Moulded heel void to reduce heel pressure
- Liner is removable and washable
- Can be used on left and right feet

### Measuring guide

Refer the patient's US shoe size.

### Ordering information

Size	US men's shoe size	US women's shoe size	Product code
M	4.5-8	6.5-10	OBICU1-3
L	8.5-13.5	10.5-11.5	OBICU1-4

## OrthoDorsi-Stretch Plus



The OrthoDorsi-Stretch Plus is designed to provide a comfortable and gentle stretch on the soft tissues surrounding the foot and ankle when sleeping to reduce the symptoms of several lower limb insertional tendinopathies. The OrthoDorsi-Stretch Plus has the additional features of two lateral Velcro straps added to pull the foot into more dorsi-flexion where required and a non-slip sole. An adjustable plastic out-rigger is located on the back of the device to prevent unwanted foot/hip rotation when sitting or supine.

### Indications

- Plantar fasciitis
- Achilles tendinitis
- Calf muscle contracture night stretching
- Limitation of post-operative hip abduction/rotation

### Product highlights

- Adjustable dorsi-flexion angle
- Posterior out-rigger prevents foot/hip rotation
- Non-slip sole
- Can be used on left and right feet

### Measuring guide

Refer the patient's US shoe size.

### Ordering information

Size	US men's shoe size	US women's shoe size	Product code
S	Up to 7	Up to 7.5	OBDSP1-2
M	7.5-10	8-10.5	OBDSP1-3
L	10-13	11-13.5	OBDSP1-4



## OrthoDorsi-Stretch



The OrthoDorsi-Stretch is designed to hold the plantar fascia and/or the achilles tendon at stretch when sleeping. Constructed with a contoured inner plastic shell and covered with a soft, smooth foam liner, the OrthoDorsi-Stretch provides a comfortable and gentle stretch on the soft tissues surrounding the foot and ankle to reduce the symptoms of several lower limb insertional tendinopathies.

### Indications

- Plantar fasciitis
- Achilles tendinitis
- Calf muscle contracture/shortening
- ICU calf muscle length maintenance

### Product highlights

- Smooth, soft comfortable liner
- Liner is removable and washable
- Removable toe wedge
- Can be used on left and right feet

### Measuring guide

Refer the patient's US shoe size.

### Ordering information

Size	US men's shoe size	US women's shoe size	Product code
S	Up to 7	Up to 7.5	OBDOR1-2
M	7.5-10	8-10.5	OBDOR1-3
L	10-13	11-13.5	OBDOR1-4





## OrthoPF Sock



The OrthoPF Sock is designed to provide a comfortable and gentle stretch on the soft tissues surrounding the foot and ankle when sleeping to reduce the symptoms of several lower limb insertional tendinopathies. The foot is pulled into a slightly dorsi-flexed position when sleeping to prevent unwanted contracture of the plantar fascia and the achilles tendon overnight. This pull comes from a Velcro strap attached underneath the balls of the foot, which prevents unwanted extension of the big toe.

### Indications

- Plantar fasciitis
- Achilles tendinitis
- Calf muscle contracture/shortening
- Arch pain

### Product highlights

- Adjustable dorsi-flexion angle
- Pulls from under the balls of the foot
- Comfortable and lightweight
- Can be used on left and right feet

### Measuring guide

Measure calf circumference.



### Ordering information

Size	Calf (cm)	Calf (in)	Product code
Regular	Up to 41cm	Up to 16"	OBPFS1-REG
Large	41-53cm	16-21"	OBPFS1-4

## OrthoHeel Cups



Manufactured from viscoelastic silicone, OrthoHeel Cups provide ultimate shock absorption under the heels for conditions requiring extra softness to reduce heel pain. Sold in pairs.

### Indications

- Heel spurs
- Plantar fasciitis
- Achilles tendinitis
- Fat pad atrophy

### Product highlights

- Fits on either foot
- Blue shock absorbing heel spot
- Moulded medical grade silicone
- Sold in pairs

### Measuring guide

Refer to the patient's US shoe size.

### Ordering information

Size	US men's shoe size	US women's shoe size	Product code
S	NA	4-8.5	OBHEE1-2
M	7-10.5	9+	OBHEE1-3
L	11-13	NA	OBHEE1-4
XL	13+	NA	OBHEE1-5



## OrthoAFO



The OrthoAFO ankle-foot orthosis is designed to limit plantar-flexion in swing phase to aid in providing a safe walking pattern for those suffering from foot drop, secondary to weakness of the dorsi-flexors. The OrthoAFO provides an effective solution at an economical price, which is optimal in the early stages of neuro-muscular rehabilitation. Made of a heat mouldable and trimmable co-polymer with a padded Velcro calf strap, ¾ length foot plate and leaf-spring, closed heel design.

### Indications

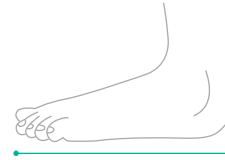
- Stroke (CVA)
- Multiple Sclerosis
- Spinal cord injury
- Other neuro-muscular foot drop conditions

### Product highlights

- ¾ length foot plate
- Heat mouldable and trimmable
- Co-polymer construction
- Closed cell foam calf padding

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code (Right)	Product code (Left)
S	20-24cm	Up to 4.5	Up to 6.5	OBAFO1-2R	OBAFO1-2L
M	23-27cm	4-7.5	6.5-9	OBAFO1-3R	OBAFO1-3L
L	26-30cm	7-10.5	9-12	OBAFO1-4R	OBAFO1-4L
XL	29-33cm	10-13.5	12-15	OBAFO1-5R	OBAFO1-5L

## OrthoAFO Lite



The OrthoAFO Lite ankle-foot orthosis is designed to limit plantar-flexion in swing phase to aid in providing a safe walking pattern for those suffering from foot drop, secondary to weakness of the dorsi-flexors. The OrthoAFO Lite provides an effective solution at an economical price, which is optimal in the early stages of neuro-muscular rehabilitation. Made of a heat mouldable and trimmable polyethylene with a padded calf section and Velcro calf strap, full length foot plate and supra-lite, open heel design.

### Indications

- Stroke (CVA)
- Multiple Sclerosis
- Spinal cord injury
- Other neuro-muscular foot drop conditions

### Product highlights

- Full length foot plate
- Heat mouldable and trimmable
- Co-polymer construction
- Closed cell foam calf padding

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code (Right)	Product code (Left)
S	23-27cm	5-9.5	6.5-11	OBAFP1-2R	OBAFP1-2L
L	27-33cm	9.5-14	11-15	OBAFP1-4R	OBAFP1-4L

## Step-On AFO MH 100 [Medial Hinge]



The Step-On 100 family of ankle-foot orthoses are a range of innovative AFOs for the treatment of drop foot. With a unique hinge design that provides adjustable tension of both dorsi-flexion assistance and plantar-flexion resistance, the Step-On AFO allows the exact amount of assistance without restricting essential gait movements such as plantar-flexion. This medial, single hinged AFO is extremely low profile allowing fitting in a wider range of shoes than most other AFOs available.

### Indications

- Stroke (CVA)
- Multiple Sclerosis
- Spinal cord injury
- Other neuro-muscular foot drop conditions

### Product highlights

- Low profile medial joint
- Heat mouldable and trimmable
- Polypropylene construction
- Replaceable parts and componentry

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code (Right)	Product code (Left)
S-M	23-25.5cm	3.5-7.5	5-9.5	100/MH/RT/S-M	100/MH/LT/S-M
L-XL	25.5-29cm	8-13	9.5-14	100/MH/RT/L-XL	100/MH/LT/L-XL



**STEP-ON**  
Daily Activity

## Step-On AFO LH 100 [Lateral Hinge]



The Step-On 100 family of ankle-foot orthoses are a range of innovative AFOs for the treatment of drop foot. With a unique hinge design that provides adjustable tension of both dorsi-flexion assistance and plantar-flexion resistance, the Step-On AFO allows the exact amount of assistance without restricting essential gait movements such as plantar flexion. This lateral, single hinged AFO is extremely low profile allowing fitting in a wider range of shoes than most other AFOs available.

### Indications

- Stroke (CVA)
- Multiple Sclerosis
- Spinal cord injury
- Other neuro-muscular foot drop conditions

### Product highlights

- Low profile lateral joint
- Heat mouldable and trimmable
- Polypropylene construction
- Replaceable parts and componentry

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code (Right)	Product code (Left)
S-M	23-25.5cm	3.5-7.5	5-9.5	100/MH/RT/S-M	100/LH/LT/S-M
L-XL	25.5-29cm	8-13	9.5-14	100/MH/RT/L-XL	100/LH/LT/L-XL



**STEP-ON**  
Daily Activity

## Step-On AFO 200 (Dual Hinge)



The Step-On 200 ankle-foot orthosis is an innovative AFO for the treatment of drop foot. With a unique hinge design that provides adjustable tension of both dorsi-flexion assistance and plantar-flexion resistance, the Step-On AFO allows the exact amount of assistance without restricting essential gait movements such as plantar-flexion. With its dual hinge design, the Step-On 200 AFO provides greater levels of dorsi-flexion assistance than the Step-On 100 single hinge versions as well as providing greater mediolateral support.

### Indications

- Stroke (CVA)
- Multiple Sclerosis
- Spinal cord injury
- Other neuro-muscular foot drop conditions

### Product highlights

- Dual hinge dorsi-flexion assistance
- Heat mouldable and trimmable
- Polypropylene construction
- Replaceable parts and componentry

### Measuring guide

Measure the length of the foot or refer the patient's US shoe size.



### Ordering information

Size	Foot length (cm)	US men's shoe size	US women's shoe size	Product code (Right)	Product code (Left)
S	Up to 25cm	Up to 7	Up to 8.5	200/DH/RT/S	200/DH/LT/S
M	25-27cm	7-9	8.5-10.5	200/DH/RT/M	200/DH/LT/M
L	27-28 cm	9-10.5	10.5-12	200/DH/RT/L	200/DH/LT/L
XL	28+cm	10.5-13	12-14	200/DH/RT/XL	200/DH/LT/XL



**STEP-ON**  
Daily Activity

## OrthoDorsi-Assist and OrthoDorsi Assist Foot Wrap



### OrthoDorsi-Assist

Designed as an effective low-profile alternative to conventional AFOs for the treatment of foot drop, the OrthoDorsi-Assist consists of three separate parts. A circumferential Velcro fastened support above the ankle, a non-slip support section to position between the tongue and the shoelaces of the shoe and a re-enforced, solid rubber elasticised band. The solid, rubber elasticised band attaches with two Velcro tabs to the ankle section and to the foot section via a metal hook. The tension of the band can be adjusted depending on how much dorsiflexion assistance is required. Must be worn with lace up shoes.

### Indications

- Stroke (CVA)
- Multiple Sclerosis
- Spinal cord injury
- Other neuro-muscular foot drop conditions

### Product highlights

- Low profile design
- High performance construction
- Long lasting elasticised tube
- Achilles tendon padding

### Measuring guide (OrthoDorsi-Assist)

Measure ankle circumference.



### Ordering information

Size	Ankle (cm)	Product code
S	13-17cm	OBDAS1-2
M	17-21cm	OBDAS1-3
L	21-25cm	OBDAS1-4
XL	25-29cm	OBDAS1-5



### OrthoDorsi-Assist Foot Wrap

OrthoDorsi-Assist Foot Wrap is anatomically designed to the shape of either the left or right foot incorporating a comfortable supporting arch pad. It assists mild foot-drop when not wearing an enclosed shoe, and is intended for inside use only. The foot wrap is used in conjunction with the OrthoDorsi-Assist. It is advisable to put an interface on the foot (e.g. a sock).

### Ordering information

Size	Instep (cm)	Product code
S (Left)	17-21cm	OBDFW1-2L
S (Right)	17-21cm	OBDFW1-2R
M (Left)	21-25cm	OBDFW1-3L
M (Right)	21-25cm	OBDFW1-3R
L (Left)	25-29cm	OBDFW1-4L
L (Right)	25-29cm	OBDFW1-4R

### Measuring guide (Foot Wrap)

Measure instep circumference.



# Hip and Knee

## Ortho3 Panel Knee Clinic



The Ortho3 Panel Knee Clinic is an economical, adjustable 3 panel knee immobiliser. Made from high quality lightweight material with velcro closures, pre-shaped aluminum stays and adjustable 3 panels for a precise fit. The Ortho3 Panel Knee Clinic provides comfort, support and immobilisation following surgery or injury to the knee. Available in 16", 20" and 24" lengths and convenient Universal Size.

### Indications

- Post knee surgery
- Post patella surgery/fracture
- Acute knee injuries
- Knee contractures

### Product highlights

- Lightweight material
- Velcro Closure
- Pre-Shaped Aluminum Stays
- 3 Panel adjustable

### Measuring guide

- Universal size with 3 length options - 16", 20", 24"
- Measure height of patient for most appropriate length

### Ordering information

Size	Product code 16"	Product code 20"	Product code 24"
Universal	OB16E3-U	OB20E3-U	OB24E3-U



## Ortho1 Panel Knee



The Ortho1 Panel Knee is an economical, single panel knee immobiliser with an innovative 360° strapping system specifically designed to prevent brace migration. With the strapping system wrapping around the full circumference of the patient's anatomy and the distal thigh and proximal calf straps slotting through to the inside of the brace posteriorly, the strapping system is able to exert small, safe amounts of pressure on specific anchor points to prevent the brace from slipping down the leg. The silicone coated internal strap pads also help to grip to the leg to prevent the common distal migration associated with most other knee immobilisers on the market.

### Indications

- Post knee surgery
- Post patella surgery/fracture
- Acute knee injuries
- Knee contractures

### Product highlights

- Anti-migration strapping system
- Internal silicone lined strap pads
- Lateral and posterior aluminium supports
- Available in 50cm and 60cm heights

### Measuring guide

Measure thigh circumference  
15cm above mid patella.



### Ordering information

Size	Thigh (cm)	Thigh (in)	Product code (Regular) Height = 50cm/20"	Product code (Tall) Height = 60cm/24"
S	35-40cm	13¾-15¾"	OB1PL1-2REG	OB1PL1-2T
M	40-48cm	15¾-19"	OB1PL1-3REG	OB1PL1-3T
L	48-56cm	19-22"	OB1PL1-4REG	OB1PL1-4T
XL	56-65cm	22-25½"	OB1PL1-5REG	OB1PL1-5T
XXL	65-75cm	25½-29½"	OB1PL1-6REG	OB1PL1-6T



## Ortho3 Panel Knee



The Ortho3 Panel Knee is an economical, three panel knee immobiliser with an innovative 360° strapping system specifically designed to prevent brace migration. With the strapping system wrapping around the full circumference of the patient's anatomy and the distal thigh and proximal calf straps slotting through to the inside of the brace posteriorly, the strapping system is able to exert small, safe amounts of pressure on specific anchor points to prevent the brace from slipping down the leg. The silicone coated internal strap pads also help to grip to the leg to prevent the common distal migration associated with most other knee immobilisers on the market.

### Indications

- Post knee surgery
- Post patella surgery/fracture
- Acute knee injuries
- Knee contractures

### Product highlights

- Anti-migration strapping system
- Internal silicone lined strap pads
- Lateral and posterior aluminium supports
- Paediatric to tall adult sizing

### Measuring guide

Measure the height of the patient and refer to sizing chart below.

### Ordering information

Size	Height of patient (cm)	Height of patient (in)	Height of brace =	Product code
Paediatric	Up to 150cm	4'11"	35.5cm/14"	OB3PK1-P
Short	150-190cm	5'0"-6'3"	51cm/20"	OB3PK1-S
Tall	190cm+	6'3"+	61cm/24"	OB3PK1-T

## OrthoKids Leg/Arm Immo Lite



The OrthoKids Leg/Arm Immo is a single panel immobiliser that can be used to immobilise both the knees and elbows. Made from a soft, lightweight cotton material with plastic stays, the OrthoKids Leg/Arm Immo provides superb support and immobilisation following surgery or injury to both the knee and elbow. Can be used in infants to keep the elbow straight for IV use. Height of brace increases as product circumference increases. Available in 6 different sizes.

### Indications

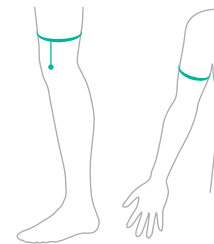
- Post elbow surgery
- Post knee surgery
- Infant arm immobilisation (IV use)
- Elbow/knee contractures

### Product highlights

- Available in 6 different sizes
- Anti-migration strapping system
- Lightweight material
- Infant to young adult sizes available

### Measuring guide

Measure thigh circumference 15cm above mid patella or mid bicep.



### Ordering information

Size	Thigh/bicep (cm)	Thigh/bicep (in)	Height of brace =	Product code
XXS	16-24cm	6¼-9½"	12cm/4¾"	OBLAL1-0
XS	18-29cm	6¾-12"	16.5cm/6½"	OBLAL1-1
S	20-34cm	8-13¼"	21cm/8¼"	OBLAL1-2
M	22-39cm	8½-15¼"	25.5cm/10"	OBLAL1-3
L	24-44cm	9 ½-17¼"	30cm/11¾"	OBLAL1-4
XL	26-49cm	10¼-19¼"	34.5cm/13½"	OBLAL1-5



## OrthoKids Leg/Arm Immo



The OrthoKids Leg/Arm Immo is a single panel immobiliser that can be used to immobilise both the knees and elbows. Made from high quality foam with posterior aluminium stays and semi-rigid lateral high density polymer bones, the OrthoKids Leg/Arm Immo provides superb support and immobilisation following surgery or injury to both the knee and elbow. Available in 8", 10", 12", 14", 16", 18" and 20" heights and in 5 different sizes.

### Indications

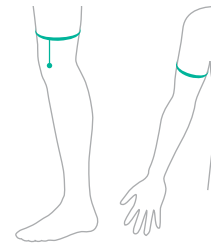
- Post elbow surgery
- Post knee surgery
- Infant arm immobilisation (IV use)
- Elbow/knee contractures

### Product highlights

- Available in 35 different sizes
- Anti-migration strapping system
- Lightweight material
- Infant to young adult sizes available

### Measuring guide

Measure circumference 15cm above mid patella or mid bicep.



### Ordering information

Size	XS	S	M	L	XL
Thigh/bicep Circumference (cm)	20-34cm	23-39cm	26-44cm	30-49cm	34-54cm
Thigh/bicep Circumference (in)	8-13½"	9-15¼"	10¼-17¼"	11¾- 19¼"	13½-21½"
Product code 8"	OB8LA1-1	OB8LA1-2	OB8LA1-3	OB8LA1-4	OB8LA1-5
Product code 10"	OB10L1-1	OB10L1-2	OB10L1-3	OB10L1-4	OB10L1-5
Product code 12"	OB12L1-1	OB12L1-2	OB12L1-3	OB12L1-4	OB12L1-5
Product code 14"	OB14L1-1	OB14L1-2	OB14L1-3	OB14L1-4	OB14L1-5
Product code 16"	OB16L1-1	OB16L1-2	OB16L1-3	OB16L1-4	OB16L1-5
Product code 18"	OB18L1-1	OB18L1-2	OB18L1-3	OB18L1-4	OB18L1-5
Product code 20"	OB20L1-1	OB20L1-2	OB20L1-3	OB20L1-4	OB20L1-5

## OrthoPavlik Pro



Indicated for congenital subluxation of the hip(s), the OrthoPavlik Pro keeps the knees bent in infants to ensure the head of femur stays contained within the pelvic hip socket during the early stages of life. Featuring two straps and a bib made out of premium soft velour fabric and booties made from thermoformed velour, the OrthoPavlik Pro is the highest quality Pavlik harness available on the market. Soft padded shoulder straps and low profile Velcro add to ease of fitting and patient comfort of this premium product.

### Indications

- DDH - developmental dysplasia of the hips
- Congenital hip dislocation

### Product highlights

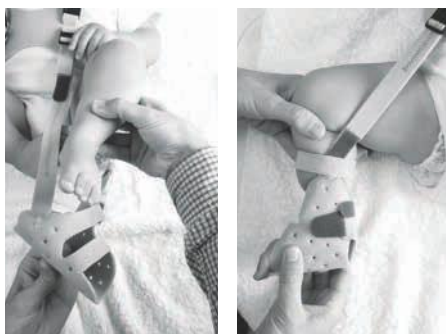
- Soft, high quality velour fabric
- Padded shoulder pads
- Thermoformable velour booties
- Low profile Velcro and straps

### Measuring guide

Refer the patient's age.

### Ordering information

Size	Child's age	Product code
S	Newborns - 9 months	OBPAV1-2
M	9 - 24 months	OBPAV1-3



## OrthoROM Knee



With anatomically shapeable and snap-off length adjustment aluminium side bars, the OrthoROM Knee can be adjusted to almost all sizes for the perfect fit every time. Includes full circumferential thigh and calf bands which wrap the full 360° around the limb to prevent unwanted distal migration of the brace. Push button adjustable ROM hinge.

### Indications

- Post-operative rehabilitation
- Acute cruciate ligament injuries
- Acute patella injuries
- Mild knee hyperextension

### Product highlights

- Anatomically adjustable aluminium frame
- Push button ROM adjustment
- Anti-migration thigh and calf band design
- Ziplock ties included to avoid accidental ROM adjustment

### Measuring guide

Universal sized. One size fits most. Fits right and left legs.

### Ordering information

Size	Product code
Universal	OBRMK1-U



## OrthoROM Knee Plus



With pre-shaped, telescoping side bars, and fast release plastic buckles, the OrthoROM Knee Plus can be quickly adjusted to almost all sizes for the perfect fit every time. With easy push button range of motion adjustability the OrthoROM Knee Plus also features a drop lock mechanism to allow the brace to lock in multiple different angles in cases of patient knee instability. The full circumferential thigh calf bands wrap the full 360° around the narrow section of distal thigh and proximal calf to prevent unwanted distal migration.

### Indications

- Post-operative rehabilitation
- Acute cruciate ligament injuries
- Acute patella injuries
- Mild knee hyperextension

### Product highlights

- Pre-shaped aluminium frame
- Telescopic sidebars
- Push button ROM adjustment
- Anti-migration calf band design

### Measuring guide

Universal sized. Comes pre-shaped in right, left or universal version.

### Ordering information

Size	Product code (pre-shaped right leg)	Product code (pre-shaped left leg)	Product code (Universal left or right leg)
Universal	OBRKP1-UR	OBRKP1-UL	OBRKP1-U

## OrthoCruciate Plus



Providing elite protection of any of the four or multiple cruciate ligaments within the knee, the OrthoCruciate Plus provides confidence to the patient and their surgeon that the cruciate ligaments will be protected. With its lightweight aluminium anti-corrosion frame and 4 points of protection design, the OrthoCruciate Plus offers optimal combined instability protection at an affordable price. Every OrthoCruciate Plus comes with a spare set of straps, heat sealed strap pads and frame liners to extend the life of the brace. Range of motion limitation stops are also included.

### Indications

- ACL/PCL/MCL/LCL instability
- Post ACL/PCL/MCL/LCL surgery
- Mild to moderate knee hyperextension
- Prophylactic protection of the knee

### Product highlights

- Lightweight, low profile aluminium frame
- Anterior thigh shell/Posterior calf shell
- 4 points of protection provide maximum stability
- Combined ligament instability design (ACL/PCL/MCL/LCL)

### Measuring guide

Measure thigh 15cm above mid patella.



### Ordering information

Size	Thigh circumference (cm)	Thigh circumference (in)	Product code (Right)	Product code (Left)
S	39-46cm	15-18"	OBCPL1-2R	OBCPL1-2L
M	46-53cm	18-21"	OBCPL1-3R	OBCPL1-3L
L	53-60cm	21-24"	OBCPL1-4R	OBCPL1-4L
XL	60-67cm	24-26"	OBCPL1-5R	OBCPL1-5L
XXL	67-74cm	26-29"	OBCPL1-6R	OBCPL1-6L

## OrthoOA Sleeve



The OrthoOA Sleeve uses an adjustable, internal pump up pad in conjunction with a rigid velour 3-point strapping system to manipulate knee alignment to reduce pressure transferring through the OA affected compartment of the knee. Constructed with strong and breathable 3-TEX Advance® fabric, the OrthoOA Sleeve is a cost effective and comfortable solution for reducing weight-bearing load through the affected compartment of an osteo-arthritic knee to help maintain an active lifestyle.

### Indications

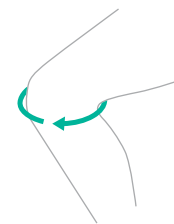
- Medial compartment knee osteo-arthritis
- Lateral compartment knee osteo-arthritis
- Lateral or medial meniscus injury/surgery
- Mild-moderate genu varus/valgus

### Product highlights

- Pump up knee alignment adjustment
- Additional 3-point knee alignment strapping system
- Breathable 3-TEX Advance® fabric
- Silicone anti-migration band

### Measuring guide

Measure around centre of kneecap with knee flexed at 90 deg



### Ordering information

Size	Knee circumference (cm)	Product code (Right medial/ left lateral)	Product code (Left medial/ right lateral)
XS	34-36cm	OBOAS1-1RM	OBOAS1-1LM
S	36-38cm	OBOAS1-2RM	OBOAS1-2LM
M	38-41cm	OBOAS1-3RM	OBOAS1-3LM
L	41-44cm	OBOAS1-4RM	OBOAS1-4LM
XL	44-49cm	OBOAS1-5RM	OBOAS1-5LM
XXL	49-53cm	OBOAS1-6RM	OBOAS1-6LM
XXXL	53-57cm	OBOAS1-7RM	OBOAS1-7LM



## OrthoHinge Sleeve Pro



Constructed with strong and breathable 3-TEX Advance® fabric and polycentric aluminium joints, the OrthoHinge Sleeve Pro is a premium knee brace for patients requiring mild to moderate mediolateral support of the knee. 3-TEX Advance® fabric consists of three layers. Elastic microfiber fabric, polyurethane foam and terry cloth which facilitates rapid dispersion of sweat, greater elasticity and a better fit. The silicone bubble grip band at the top of brace prevents migration and the silicone patella ring provides patella support and stabilisation. This sleeve option provides stronger 360° support than the wrap option.

### Indications

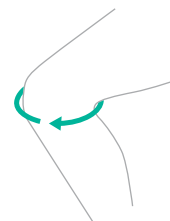
- Mediolateral instability
- General knee osteo-arthritis
- Capsular ligament injuries
- General knee joint pain

### Product highlights

- Shapeable polycentric joints
- Open patella with silicone patella support
- Breathable 3-TEX Advance® fabric
- Silicone anti-migration band

### Measuring guide

Measure around centre of kneecap with knee flexed at 90 deg



### Ordering information

Size	Knee circumference (cm)	Product code
XS	34-36cm	OBHSP1-1
S	36-38cm	OBHSP1-2
M	38-41cm	OBHSP1-3
L	41-44cm	OBHSP1-4
XL	44-49cm	OBHSP1-5
XXL	49-53cm	OBHSP1-6
XXXL	53-57cm	OBHSP1-7



## OrthoHinge Wrap Pro



Constructed with strong and breathable 3-TEX Advance® fabric and polycentric aluminium joints, the OrthoHinge Wrap Pro is a premium knee brace for patients requiring mild to moderate mediolateral support of the knee. 3-TEX Advance® fabric consists of three layers. Elastic microfiber fabric, polyurethane foam and terry cloth which facilitates rapid dispersion of sweat, greater elasticity and a better fit. The silicone bubble grip band prevents migration and the open front design makes application easier for patients with unusual leg shapes or lack the upper limb strength to pull up the sleeve version to the correct position.

### Indications

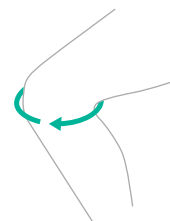
- Mediolateral instability
- General knee osteo-arthritis
- Capsular ligament injuries
- General knee joint pain

### Product highlights

- Front opening for easy application
- Shapeable polycentric joints
- Breathable 3-TEX Advance® fabric
- Silicone anti-migration band

### Measuring guide

Measure around centre of kneecap with knee flexed at 90 deg



### Ordering information

Size	Knee circumference (cm)	Product code
XS	34-36cm	OBHWP1-1
S	36-38cm	OBHWP1-2
M	38-41cm	OBHWP1-3
L	41-44cm	OBHWP1-4
XL	44-49cm	OBHWP1-5
XXL	49-53cm	OBHWP1-6
XXXL	53-57cm	OBHWP1-7



## OrthoPT Strap



Application of the OrthoPT Strap to the patella tendon, facilitates an alternative path for force transmission during activity to a different, more healthy section of the patella tendon. This provides instant relief and an environment for long term healing. The internal silicone tube imparts localised pressure to the middle of the tendon, which pushes the tendon posteriorly. This in turn changes the line of pull from the tendon's insertional points where it connects to the patella and tibial tuberosity.

### Indications

- Osgood-Schlatter's disease
- Patella tendinitis
- Jumper's knee
- Chondromalacia

### Product highlights

- Low profile velour popliteal strap
- Silicone patella tendon support
- Y-tab Velcro closures
- One size fits most

### Measuring guide

Universal sized. One size fits most.

### Ordering information

Size	Product code
Universal	OBPTS1-U



## OrthoPatella Pro



Constructed with strong and breathable 3-TEX Advance® fabric and flexible mediolateral stabilisers, the OrthoPatella Pro is a premium patella stabiliser for patients requiring mild to moderate stabilisation and tracking support of the patella. 3-TEX Advance® fabric consists of three layers. Elastic microfiber fabric, polyurethane foam and terry cloth which facilitates rapid dispersion of sweat, greater elasticity and a better fit. The silicone moon shape patella tracking gusset asserts adjustable medially directed force to hold the patella within the patellofemoral groove, achieving correct anatomical alignment.

### Indications

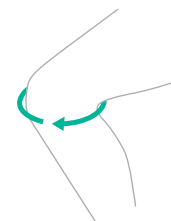
- Patella mal-tracking
- Post patella subluxation
- Patella instability
- Post-surgical recovery from lateral retinaculum release

### Product highlights

- Silicone moon shape patella tracking gusset
- Anterior patella tracking strapping system
- Breathable 3-TEX Advance® fabric
- Silicone anti-migration band

### Measuring guide

Measure around centre of kneecap with knee flexed at 90 deg



### Ordering information

Size	Knee (cm)	Product code (Right)	Product code (Left)
XS	34-36cm	OBPAP1-1R	OBPAP1-1L
S	36-38cm	OBPAP1-2R	OBPAP1-2L
M	38-41cm	OBPAP1-3R	OBPAP1-3L
L	41-44cm	OBPAP1-4R	OBPAP1-4L
XL	44-49cm	OBPAP1-5R	OBPAP1-5L
XXL	49-53cm	OBPAP1-6R	OBPAP1-6L
XXXL	53-57cm	OBPAP1-7R	OBPAP1-7L



The background is a solid blue color with a complex, abstract geometric pattern. The pattern consists of several overlapping, rounded rectangular shapes that resemble stylized chevrons or interlocking blocks. These shapes are rendered in a lighter shade of blue than the background, creating a sense of depth and movement. The overall effect is modern and architectural.

Spine

## OrthoSoft Collar



OrthoSoft Collar is a soft density foam cervical collar designed for mild support of the cervical spine and to maintain a neutral position following neck injury or surgery. The soft Lycra covering provides a soft feel to the chin of the patient for added comfort.

### Indications

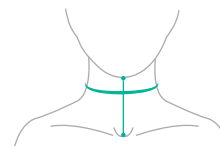
- Post-operative care
- Cervical sprains and strains (whiplash)
- Degenerative cervical disorders
- Cervical disc compression

### Product highlights

- Soft Lycra pressure sensitive covering
- Contoured design for an anatomical fit
- Soft density polyurethane foam
- Velcro closure

### Measuring guide

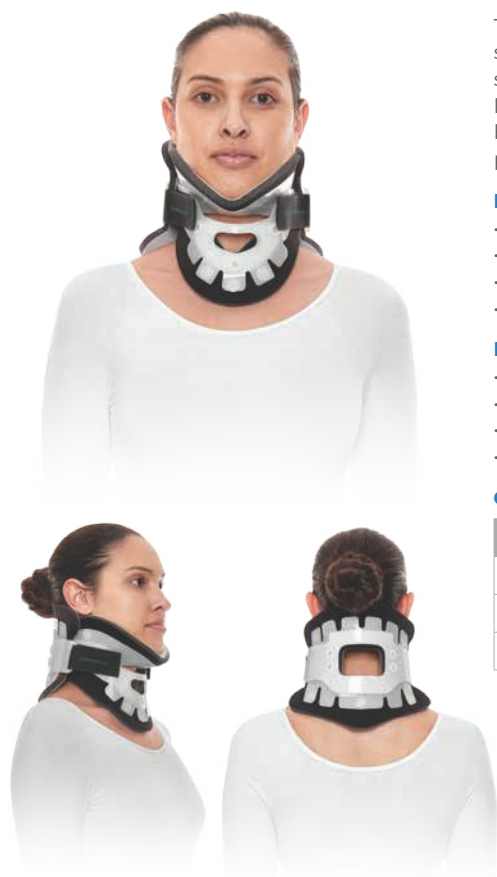
Measure neck circumference and collar height.



### Ordering information

Size	Neck (cm)	Neck (in)	Collar height	Product code
XS	20-30cm	8-12"	6.5cm	OBSFC1-1
S	30-40cm	12-15¾"	8cm	OBSFC1-2
S-Long	35-45cm	13¾-17¾"	8cm	OBSFC1-2LNG
M	35-45cm	13¾-17¾"	10cm	OBSFC1-3
M-Long	40-53cm	15¾-21"	10cm	OBSFC1-3LNG
L	40-53cm	15¾-21"	11.5cm	OBSFC1-4
XL	50-60cm	19¾-23¾"	11.5cm	OBSFC1-5

## OrthoC-Spine



The OrthoC-Spine cervical collar is designed for mild to moderate support of the cervical spine and maintain a neutral position following neck injury or surgery. OrthoC-Spine provides substantial cervical motion restriction through the rigid plastic structure, whilst the soft foam liners reduce occipital and mandibular pressure points that are at risk of skin maceration and breakdown. Each OrthoC-Spine cervical collar comes with a spare set of foam liners so the patient can wash one set whilst wearing the other.

### Indications

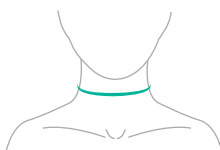
- Post-operative care
- Cervical sprains, strains and stable fractures
- Degenerative cervical disorders
- Cervical disc compression

### Product highlights

- Spare foam liners included
- Contoured fit for high compliance
- Rigid plastic outer frame
- Velcro closure

### Measuring guide

Measure neck circumference.



### Ordering information

Size	Neck (cm)	Neck (in)	Collar height	Product code
S	32-55cm	12½-21½"	5.5cm	OBCSC1-2
M	32-55cm	12½-21½"	7.5cm	OBCSC1-3
L	32-55cm	12½-21½"	10cm	OBCSC1-4

## OrthoTLSO



The OrthoTLSO is designed to provide motion restriction, creating a dynamic environment for healing within the thoracolumbar spine. The OrthoTLSO is suitable for post spinal surgery procedures, spinal injury or related soft tissue injuries and to control and support degenerative spinal complications. The OrthoTLSO provides 360° of thoracolumbar support.

### Indications

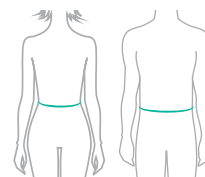
- Stable vertebral T10-L5 compression fractures
- Post-operative spinal immobilisation
- Spinal tumour and metastases immobilisation
- Thoracic osteoporosis

### Product highlights

- Constructed with high performance materials
- Drawstring fastening system
- Height adjustable sternal support
- Easy don/doff design

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
Small	65-76cm	25-30"	OBTLS1-2
Medium	77-88cm	30-35"	OBTLS1-3
Large	89-100cm	35-39.5"	OBTLS1-4
XL	101-112cm	39.5-44"	OBTLS1-5
XXL	113-125cm	44.5-49.5"	OBTLS1-6

## OrthoHyper Plus



The OrthoHyper Plus provides forward trunk flexion restriction according to the 3-points of pressure principle. The lightweight aluminium structure and angle adjustable sternal plate, along with height and width adjustable frame, provide ultimate support for vertebral crush fractures, post spinal surgery procedures, spinal injury or related soft tissue injuries and to control and support degenerative spinal complications. The OrthoHyper Plus provides lateral support and limits lateral flexion to further immobilise and relieve injuries of the vertebral column.

### Indications

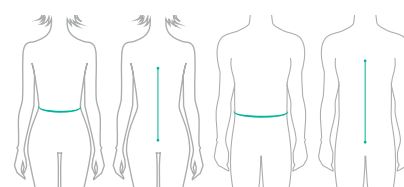
- Stable vertebral T10-L5 compression fractures
- Post-operative spinal immobilisation
- Spinal tumour and metastases immobilisation
- Thoracic osteoporosis

### Product highlights

- Angle adjustable sternal pad
- Spring loaded/lockable pelvic band
- Trigger release fastening system
- Leather covered padded plates for easy cleaning

### Measuring guide

Measure waist circumference and mid sternum to pubic symphysis length.



### Ordering information

Size	Waist (cm)	Waist (in)	Mid sternum to pubic symphysis length (cm)	Mid sternum to pubic symphysis length (in)	Product code
S	60-75cm	24-29.5"	39-46cm	15.5-18"	OBHPS1-2
M	75-90cm	29.5-35.5"	42-49cm	16.5-19.5"	OBHPS1-3
L	90-105cm	35.5-41"	45-52cm	17.5-20.5"	OBHPS1-4
XL	105-115cm	41-45"	49-56cm	19.5-22"	OBHPS1-5



## OrthoCASH Plus



The OrthoCASH Plus provides forward trunk flexion restriction according to the 3-points of pressure principle. The lightweight aluminium frame is height and width adjustable and provides purely forward flexion immobilisation for vertebral crush fractures, post spinal surgery procedures, spinal injury or related soft tissue injuries and to control and support degenerative spinal complications.

### Indications

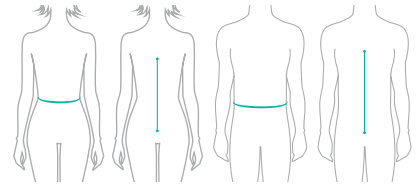
- Stable vertebral T10-L5 compression fractures
- Post-operative spinal immobilisation
- Spinal tumour and metastases immobilisation
- Thoracic osteoporosis

### Product highlights

- Soft, closed cell foam sternal, pubic and lumbar pads
- Trigger release fastening system
- Light, high quality aluminium construction
- High lumbar pad for extra support

### Measuring guide

Measure waist circumference and mid sternum to pubic symphysis length.



### Ordering information

Size	Waist (cm)	Waist (in)	Mid sternum to pubic symphysis length (cm)	Mid sternum to pubic symphysis length (in)	Product code
Short	60-90cm	24-35.5"	27-43cm	10.5-17"	OBCSP1-SRT
Regular	60-90cm	24-35.5"	34-44cm	13.5-17.5"	OBCSP1-REG
Long	90-115cm	35.5-45"	45-55cm	17.5-21.5"	OBCSP1-LNG

## OrthoPosture



The OrthoPosture thoracolumbar support functions according to the 3-points of pressure principle to pull back the shoulders and improve poor posture or thoracic kyphosis. Constructed with a lightweight elastic lumbar belt and high-density polymer posterior thoracic support which connects to two shoulder straps, the OrthoPosture provides ultimate posture support to help the patient walk taller.

### Indications

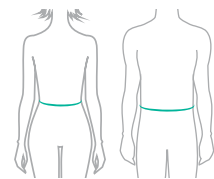
- Thoracic kyphosis/poor posture
- Post-operative care
- Acute and chronic thoracic back pain
- Thoracic osteoporosis

### Product highlights

- Constructed with high performance fabric
- Posterior plastic is removable/heat mouldable
- Adjustable straps pull back shoulders
- Line of pull of shoulder straps is adjustable

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
S/M	56-84cm	22-33"	OBPOS1-2/3
L/XL	81-109cm	32-43"	OBPOS1-4/5
XXL	107-122cm	42-48"	OBPOS1-6

## OrthoDualPull Female and OrthoDualPull Male



The OrthoDualPull lumbar support comes available in both female and male cuts to provide an optimally fitting back brace. Made with high quality lightweight and breathable mesh fabric, the OrthoDualPull is perfectly suited to warmer climates and also fits discretely under clothing. With double pull elastic compression straps and 4 pre-shaped adjustable steel supports, the OrthoDualPull provides elite support and comfort to the patient suffering from lower back pain or recovering from lower back surgery.

### Indications

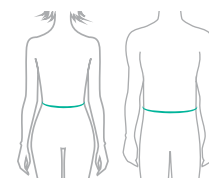
- Acute and chronic lower back pain
- Lower back sprains and strains
- Osteoporosis
- Post-operative care

### Product highlights

- Available in 9 different sizes
- Constructed with breathable mesh fabric
- 4 removable and adjustable pre-shaped steel supports
- Choice of male and female cuts for a contoured fit

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code (Female)	Product code (Male)
XS	44-58cm	17½-23"	OBDPF1-1	OBDDPM1-1
S	56-71cm	22-28"	OBDPF1-2	OBDDPM1-2
M	68-84cm	26½-33"	OBDPF1-3	OBDDPM1-3
L	81-96cm	32-38"	OBDPF1-4	OBDDPM1-4
XL	94-109cm	37-43"	OBDPF1-5	OBDDPM1-5
XXL	107-122cm	42-48"	OBDPF1-6	OBDDPM1-6
XXXL	120-135cm	47-53"	OBDPF1-7	OBDDPM1-7
XXXXL	133-148cm	52½-58"	OBDPF1-8	OBDDPM1-8
XXXXXL	146-161cm	57½-63½"	OBDPF1-9	OBDDPM1-9

## OrthoDualPull Pro



The OrthoDualPull Pro is constructed from a high performance 3D knit fabric which provides multidirectional elasticity for the perfect anatomical fit. With a firm front section for increased abdominal compression and double pull elastic compression straps, the OrthoDualPull Pro provides high level lumbar support along with supreme comfort. The removable double pull straps allow the support to be converted from a high level lumbar support to a lower level abdominal/lumbar belt if required.

### Indications

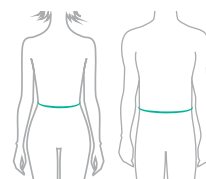
- Acute and chronic lower back pain
- Lower back sprains and strains
- Osteoporosis
- Post-operative care

### Product highlights

- Available in 9 different sizes
- Constructed with high performance 3D knit fabric
- Unisex design
- Removable dual pull straps

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
XS	44-58cm	17½-23"	OBDDPP1-1
S	56-71cm	22-28"	OBDDPP1-2
M	68-84cm	26½-33"	OBDDPP1-3
L	81-96cm	32-38"	OBDDPP1-4
XL	94-109cm	37-43"	OBDDPP1-5
XXL	107-122cm	42-48"	OBDDPP1-6
XXXL	120-135cm	47-53"	OBDDPP1-7
XXXXL	133-148cm	52½-58"	OBDDPP1-8
XXXXXL	146-161cm	57½-63½"	OBDDPP1-9

## OrthoWorkmate White



Made from high quality, strong and robust material, the OrthoWorkmate offers the highest level of lumbosacral support. With 6 pre-shaped adjustable steel supports and wide, single pull elastic compression straps, the OrthoWorkmate provides elite support and comfort to the patient suffering from lower back pain or recovering from lower back surgery. The OrthoWorkmate is also the brace of choice for occupational health and prevention of existing lower back conditions where support of the lumbar spinal curvature is required.

### Indications

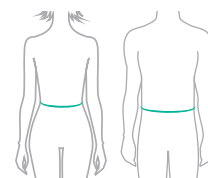
- Acute and chronic lower back pain
- Lower back sprains and strains
- Osteoporosis
- Post-operative care

### Product highlights

- Available in 9 different sizes
- Constructed with robust, high performance fabric
- High back/low front design
- 6 removable pre-shaped steel supports

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
XS	44-58cm	17½-23"	OBWMW1-1
S	56-71cm	22-28"	OBWMW1-2
M	68-84cm	26½-33"	OBWMW1-3
L	81-96cm	32-38"	OBWMW1-4
XL	94-109cm	37-43"	OBWMW1-5
XXL	107-122cm	42-48"	OBWMW1-6
XXXL	120-135cm	47-53"	OBWMW1-7
XXXXL	133-148cm	52½-58"	OBWMW1-8
XXXXXL	146-161cm	57½-63½"	OBWMW1-9

## OrthoWorkmate Black



Made from high quality, strong and robust material, the OrthoWorkmate offers the highest level of lumbosacral support. With 6 pre-shaped adjustable steel supports and wide, single pull elastic compression straps, the OrthoWorkmate provides elite support and comfort to the patient suffering from lower back pain or recovering from lower back surgery. The OrthoWorkmate is also the brace of choice for occupational health and prevention of existing lower back conditions where support of the lumbar spinal curvature is required.

### Indications

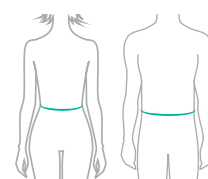
- Acute and chronic lower back pain
- Lower back sprains and strains
- Osteoporosis
- Post-operative care

### Product highlights

- Available in 9 different sizes
- Constructed with robust, high performance fabric
- High back/low front design
- 6 removable pre-shaped steel supports

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
XS	44-58cm	17½-23"	OBWMB1-1
S	56-71cm	22-28"	OBWMB1-2
M	68-84cm	26½-33"	OBWMB1-3
L	81-96cm	32-38"	OBWMB1-4
XL	94-109cm	37-43"	OBWMB1-5
XXL	107-122cm	42-48"	OBWMB1-6
XXXL	120-135cm	47-53"	OBWMB1-7
XXXXL	133-148cm	52½-58"	OBWMB1-8
XXXXXL	146-161cm	57½-63½"	OBWMB1-9

## OrthoCushion Lumbar



Light, cool, low profile and economical, the OrthoCushion Lumbar provides compressive lumbar support without the use of rigid stays. The OrthoCushion Lumbar provides support to the Lumbar lordosis with a soft fabric control cushion moulded into the back of the support. The elastic double pull compression straps are removable if the wearer wishes to turn the brace into a lumbar belt. The two posterior polymer stays are also removable and their positions on the lumbar belt are adjustable. Perfect for mild back pain when a more supportive device is not necessary.

### Indications

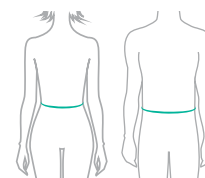
- Acute and chronic lower back pain
- Lower back sprains and strains
- Osteoporosis
- Post-operative care

### Product highlights

- Constructed with breathable, high performance fabric
- Lumbar control cushion pad
- Removable dual pull straps
- Low profile front

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
S	56-71cm	22-28"	OBCUL1-2
M	68-84cm	26½-33"	OBCUL1-3
L	81-96cm	32-38"	OBCUL1-4
XL	94-109cm	37-43"	OBCUL1-5
XXL	107-122cm	42-48"	OBCUL1-6

## OrthoSIJ



The OrthoSIJ belt is a low profile and comfortable solution to sacroiliac joint pain, common in the latter stages of pregnancy. At only 3" wide the OrthoSIJ can be easily concealed under clothing. The inner belt is made of high quality elastic, whilst the removable, rigid outer strap provides compression adjustment by means of a double back Velcro strap that can be easily adjusted with one hand.

### Indications

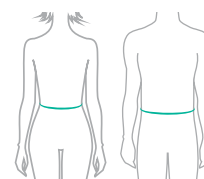
- Pregnancy/post-natal support
- Sacroiliac joint pain
- Osteitis pubis
- Pelvic joint pain

### Product highlights

- Available in 9 different sizes
- High quality elastic inner belt
- Removable rigid outer strap
- Low profile 8cm belt

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
XS	44-58cm	17½-23"	OBSIJ1-1
S	56-71cm	22-28"	OBSIJ1-2
M	68-84cm	26½-33"	OBSIJ1-3
L	81-96cm	32-38"	OBSIJ1-4
XL	94-109cm	37-43"	OBSIJ1-5
XXL	107-122cm	42-48"	OBSIJ1-6
XXXL	120-135cm	47-53"	OBSIJ1-7
XXXXL	133-148cm	52½-58"	OBSIJ1-8
XXXXXL	146-161cm	57½-63½"	OBSIJ1-9

## OrthoMat Cool



Made from the most breathable, lightweight materials, the OrthoMat Cool provides unique curved support of the abdomen primarily during pregnancy. Incorporated posterior plastic stays provide extra lumbar support. The OrthoMat Cool can also be worn back to front in the earlier stages of pregnancy to provide more lumbosacral support when support underneath the belly is not yet needed. This unique abdominal support can also be used for both male and female patients suffering from abdominal hernias pre and post-surgery who require a brace for a rounder shaped abdomen.

### Indications

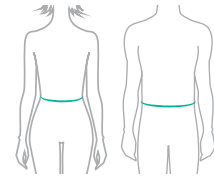
- Pregnancy related back pain and/or abdominal pain
- Abdominal hernias
- Post-operative care
- Abdo/lumbar sprains and strains

### Product highlights

- Available in 9 different sizes
- Shaped front panel for a contoured fit
- Constructed with high performance breathable mesh
- Firm abdominal compression

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
XS	44-58cm	17½-23"	OBMTC1-1
S	56-71cm	22-28"	OBMTC1-2
M	68-84cm	26½-33"	OBMTC1-3
L	81-96cm	32-38"	OBMTC1-4
XL	94-109cm	37-43"	OBMTC1-5
XXL	107-122cm	42-48"	OBMTC1-6
XXXL	120-135cm	47-53"	OBMTC1-7
XXXXL	133-148cm	52½-58"	OBMTC1-8
XXXXXL	146-161cm	57½-63½"	OBMTC1-9

## OrthoMat Neo



Made from strong and robust neoprene, the OrthoMat Neo provides unique curved support of the abdomen primarily during pregnancy. The OrthoMat Neo can also be worn back to front in the earlier stages of pregnancy to provide more lumbosacral support when support underneath the belly is not yet needed. This unique abdominal support can also be used for both male and female patients suffering from abdominal hernias pre and post-surgery who require a brace for a rounder shaped abdomen.

### Indications

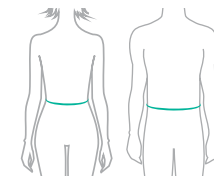
- Pregnancy related back pain and/or abdominal pain
- Abdominal hernias
- Post-operative care
- Abdo/lumbar sprains and strains

### Product highlights

- Available in 9 different sizes
- Shaped front panel for a contoured fit
- Constructed with high performance neoprene
- Firm abdominal compression

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
XS	44-58cm	17½-23"	OBMTN1-1
S	56-71cm	22-28"	OBMTN1-2
M	68-84cm	26½-33"	OBMTN1-3
L	81-96cm	32-38"	OBMTN1-4
XL	94-109cm	37-43"	OBMTN1-5
XXL	107-122cm	42-48"	OBMTN1-6
XXXL	120-135cm	47-53"	OBMTN1-7
XXXXL	133-148cm	52½-58"	OBMTN1-8
XXXXXL	146-161cm	57½-63½"	OBMTN1-9

## OrthoBinder



OrthoBinder offers the firmest flat abdominal compression for pre and post-surgical applications. Primarily designed for abdominal support and compression following surgery of the abdomen, the OrthoBinder is best suited to body shapes with less curves. Available in 6", 8" and 10" heights and 9 different sizes.

### Indications

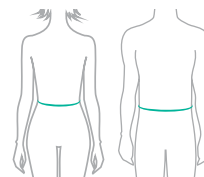
- Abdominal hernias
- Post-operative care
- Abdominal sprains and strains
- C-section

### Product highlights

- Available in 9 different sizes
- Designed for a contoured fit
- Constructed with high performance fabric
- Firm abdominal compression

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code (6")	Product code (8")	Product code (10")
XS	44-58cm	17½-23"	OB6BR1-1	OB8BR1-1	OB10B1-1
S	56-71cm	22-28"	OB6BR1-2	OB8BR1-2	OB10B1-2
M	68-84cm	26½-33"	OB6BR1-3	OB8BR1-3	OB10B1-3
L	81-96cm	32-38"	OB6BR1-4	OB8BR1-4	OB10B1-4
XL	94-109cm	37-43"	OB6BR1-5	OB8BR1-5	OB10B1-5
XXL	107-122cm	42-48"	OB6BR1-6	OB8BR1-6	OB10B1-6
XXXL	120-135cm	47-53"	OB6BR1-7	OB8BR1-7	OB10B1-7
XXXXL	133-148cm	52½-58"	OB6BR1-8	OB8BR1-8	OB10B1-8
XXXXXL	146-161cm	57½-63½"	OB6BR1-9	OB8BR1-9	OB10B1-9

## Ortho3 Panel Binder and Ortho4 Panel Binder



Primarily designed for abdominal support and compression following surgery of the abdomen, the Ortho3 Panel and Ortho4 Panel binders offer the softest material available. Constructed from plush surgical elastic with a graduated design, the multidirectional stretch of the material ensures a snug fit every time. Loop Velcro is sewn onto the binder for fixation to the hook Velcro panel to stop the binder material from pulling and fraying. Available in 3 Panel (9") and 4 Panel (12") options and 9 different sizes.

### Indications

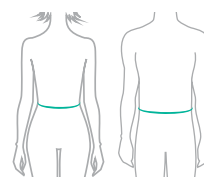
- Abdominal hernias
- Post-operative care
- Abdominal sprains and strains
- C-section

### Product highlights

- Available in 9 different sizes
- Graduated design for a contoured fit
- Constructed with high performance fabric
- Soft on the skin

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code (Ortho3 Panel Binder)	Product code (Ortho4 Panel Binder)
XS	44-58cm	17½-23"	OB3PB1-1	OB4PB1-1
S	56-71cm	22-28"	OB3PB1-2	OB4PB1-2
M	68-84cm	26½-33"	OB3PB1-3	OB4PB1-3
L	81-96cm	32-38"	OB3PB1-4	OB4PB1-4
XL	94-109cm	37-43"	OB3PB1-5	OB4PB1-5
XXL	107-122cm	42-48"	OB3PB1-6	OB4PB1-6
XXXL	120-135cm	47-53"	OB3PB1-7	OB4PB1-7
XXXXL	133-148cm	52½-58"	OB3PB1-8	OB4PB1-8
XXXXXL	146-161cm	57½-63½"	OB3PB1-9	OB4PB1-9

## OrthoAbdo



Designed for abdominal support and compression following surgery of the abdomen, the OrthoAbdo binder's curved front shape provides more uniform compression for rounder abdominal shapes. Non-removable, semi-rigid plastic stays at the back and sides of the brace provide lumbar support along with abdominal compression. Plastic stays at the front of the brace provide extra support and compression to the abdominal area. Available in 8" and 12" heights and 9 different sizes.

### Indications

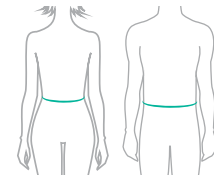
- Abdominal hernias
- Post-operative care
- Abdominal sprains and strains
- C-section

### Product highlights

- Available in 9 different sizes
- Shaped front panel for a contoured fit
- Constructed with high performance fabric
- Firm abdominal compression

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code (8")	Product code (12")
XS	44-58cm	17½-23"	OB8AB1-1	OB12A1-1
S	56-71cm	22-28"	OB8AB1-2	OB12A1-2
M	68-84cm	26½-33"	OB8AB1-3	OB12A1-3
L	81-96cm	32-38"	OB8AB1-4	OB12A1-4
XL	94-109cm	37-43"	OB8AB1-5	OB12A1-5
XXL	107-122cm	42-48"	OB8AB1-6	OB12A1-6
XXXL	120-135cm	47-53"	OB8AB1-7	OB12A1-7
XXXXL	133-148cm	52½-58"	OB8AB1-8	OB12A1-8
XXXXXL	146-161cm	57½-63½"	OB8AB1-9	OB12A1-9

## OrthoCardio Binder



The OrthoCardio Binder is a Breathable multi-band elastic compression band with adjustable velcro fastening. It provides compression to the thoracic area following post-surgery procedures, rib, sternum injuries and intercostal muscle strains. Adjustable shoulder straps help maintain the binder in correct body position and also enables the user to put it on independently.

### Indications

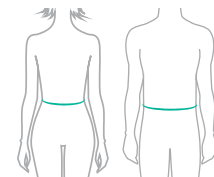
- Cardiothoracic surgery
- Sternum/rib fractures
- Intercostal muscle strains

### Product highlights

- Available in 9 different sizes
- Breathable multi-band elastic compression
- Shoulder straps to maintain position

### Measuring guide

Measure waist circumference.



### Ordering information

Size	Waist (cm)	Waist (in)	Product code
XS	44-58cm	17½-23"	OBCBR1-1
S	56-71cm	22-28"	OBCBR1-2
M	68-84cm	26½-33"	OBCBR1-3
L	81-96cm	32-38"	OBCBR1-4
XL	94-109cm	37-43"	OBCBR1-5
XXL	107-122cm	42-48"	OBCBR1-6
XXXL	120-135cm	47-53"	OBCBR1-7
XXXXL	133-148cm	52½-58"	OBCBR1-8
XXXXXL	146-161cm	57½-63½"	OBCBR1-9

# Upper Limb



## Ortholmmo Shoulder Comfort



The Ortholmmo Shoulder Comfort is made from a breathable, lightweight soft material which is both comfortable and supportive. Designed with quick release tabs for easy donning and doffing, the sling pocket can also be opened to release the hand and arm for therapy exercise. The velcro adjustable waist and shoulder straps help immobilise the arm, collar bone and shoulder. The sling reduces stress and encourages correct alignment of the joint by keeping the forearm firmly against the body.

### Indications

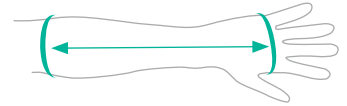
- Post-operative shoulder immobilisation
- Shoulder subluxation
- Shoulder sprains and strains
- Clavicle, humerus, scapula and radial head fractures

### Product highlights

- Customise this product with your hospital/practice logo
- Lightweight soft material
- Premium quality straps, pad and thumb slot
- Quick release design for arm exercise

### Measuring guide

Measure from palmar crease to elbow crease.



### Ordering information

Size	Palmar crease to elbow crease (cm)	Palmar crease to elbow crease (in)	Product code
Paediatric	12-23cm	4¾-9"	OBIM01-P
S	22-31cm	8½-12"	OBIM01-2
M	28-37cm	11-14½"	OBIM01-3
L	35-44cm	13¾-17¼"	OBIM01-4
XL	41-49cm	16-19¼"	OBIM01-5

## OrthoCool Sling



The OrthoCool Shoulder Sling is made from a breathable, lightweight material which is both comfortable and supportive. Designed with quick release tabs for easy donning and doffing, the sling pocket can also be opened to release the hand and arm for therapy exercise. The velcro adjustable waist and shoulder straps help immobilise the arm, collar bone and shoulder. The sling reduces stress and encourages correct alignment of the joint by keeping the forearm firmly against the body.

### Indications

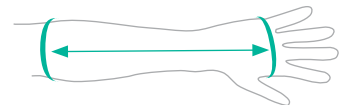
- Post-operative shoulder immobilisation
- Shoulder subluxation
- Shoulder sprains and strains
- Clavicle, humerus, scapula and radial head fractures

### Product highlights

- Customise this product with your hospital/practice logo
- Breathable lightweight material
- Premium quality straps, pad and thumb slot
- Quick release design for arm exercise

### Measuring guide

Measure from palmar crease to elbow crease.



### Ordering information

Size	Palmar crease to elbow crease (cm)	Palmar crease to elbow crease (in)	Product code
Paediatric	12-23cm	4¾-9"	OBIMC1-1
S	22-31cm	8½-12"	OBIMC1-2
M	28-37cm	11-14½"	OBIMC1-3
L	35-44cm	13¾-17¼"	OBIMC1-4
XL	41-49cm	16-19¼"	OBIMC1-5

## Ortholmmo Shoulder Clinic



The Ortholmmo Shoulder Clinic is made from lightweight material which is both comfortable and supportive. Designed with quick release tabs for easy donning and doffing, the sling pocket can also be opened to release the hand and arm for therapy exercise. The velcro adjustable waist and shoulder straps help immobilise the arm, collar bone and shoulder. The sling reduces stress and encourages correct alignment of the joint by keeping the forearm firmly against the body.

### Indications

- Post-operative shoulder immobilisation
- Shoulder subluxation
- Shoulder sprains and strains
- Clavicle, humerus, scapula and radial head fractures

### Product highlights

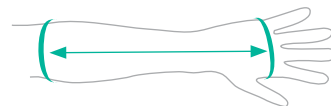
- Customise this product with your hospital/practice logo
- Lightweight material
- Premium quality straps, pad and thumb slot
- Quick release design for arm exercise

### Ordering information

Size	Palmar crease to elbow crease (cm)	Palmar crease to elbow crease (in)	Product code
Paediatric Size	12-23cm	4¾-9"	OBINS1-P
S	22-31cm	8½-12"	OBINS1-2
M	28-37cm	11-14½"	OBINS1-3
L	35-44cm	13¾-17¼"	OBINS1-4
XL	41-49cm	16-19¼"	OBINS1-5

### Measuring guide

Measure from palmar crease to elbow crease.



## Ortholmmo Shoulder Pro



The Ortholmmo Shoulder Pro is a high quality shoulder immobiliser constructed with strong velour foam and premium shoulder and waist straps and pads. Fast release plastic clips for easy donning and doffing, and the sling area can be easily opened to release the hand periodically to exercise the elbow and wrist without compromising shoulder support and immobilisation. Customise this product with your hospital/practice logo. Optional abduction pillow sold separately.

### Indications

- Post-operative shoulder immobilisation
- Shoulder subluxation
- Shoulder sprains and strains
- Clavicle, humerus, scapula and radial head fractures

### Product highlights

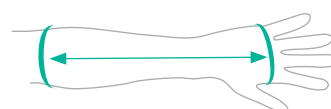
- Customise this product with your hospital/practice logo
- Soft velour foam
- Premium quality straps and pads
- Quick release design for arm exercise

### Ordering information

Size	Palmar crease to elbow crease (cm)	Palmar crease to elbow crease (in)	Product code
S	29-34cm	11½-13½"	OBIMP1-2
M	35-37cm	13¾-14½"	OBIMP1-3
L	38-41cm	15-16¼"	OBIMP1-4
Abduction Pillow*	NA	NA	OBIAP1-U

### Measuring guide

Measure from palmar crease to elbow crease.



\*Optional Abduction Pillow sold separately.

## OrthoStrap



Available in adult, paediatric and mixed sizes. OrthoStrap is a simple yet effect collar and cuff style upper limb strapping system that can be quickly and effectively applied to acute upper limb injuries. 2 x 12 metre rolls included in each box along with 28 Y-tab Velcro fastening tabs.

### Indications

- Acute shoulder injuries
- Clavicle fractures
- Acute elbow injuries
- Acute wrist injuries

### Product highlights

- Available in adult, paediatric and mixed sizes
- 2 x 12 metre rolls included in each box
- High quality black non-stretch foam
- Y-Tab fastening

### Ordering information

Size	Product code (Paediatric)	Product code (Regular)	Product code (Mixed)
Universal	OBSTP1-P	OBSTP1-REG	OBSTP1-M

### Measuring guide

- One size fits all
- Paediatric strap width = 42mm
- Adult (Regular) strap width = 55mm

### Shoulder injury



### Wrist injury



## OrthoAbduct Shoulder



The OrthoAbduct Shoulder immobiliser's innovative wedged abduction pillow design and silicone grip pillow, shoulder pads and waist pads, stabilise the immobiliser on the body to prevent unwanted shoulder rotation during recovery and rehabilitation. The sling area can be easily opened to release the hand periodically to exercise the elbow and wrist without comprising shoulder support and immobilisation. The abduction pillow can also be removed so the sling component can be used as a traditional shoulder immobiliser. Customise this product with your hospital/practice logo.

### Indications

- Shoulder reconstruction/replacement
- Rotator cuff repairs
- Shoulder subluxation
- Post-operative shoulder immobilisation

### Product highlights

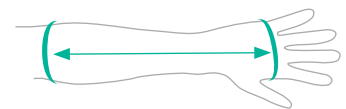
- Customise this product with your hospital/practice logo
- Silicone grips to prevent rotation
- Anatomically designed abduction pillow
- Quick release design for arm exercise

### Ordering information

Size	Palmar crease to elbow crease (cm)	Palmar crease to elbow crease (in)	Product code
S	Up to 28.5cm	Up to 11¼"	OBABD1-2
M	28.5-33.5cm	11¼-13"	OBABD1-3
L	33.5-38.5cm	13-15"	OBABD1-4
XL	38.5cm+	15"+	OBABD1-5

### Measuring guide

Measure from palmar crease to elbow crease.



## OrthoPillow Shoulder



The OrthoPillow Shoulder's wedged abduction pillow can be set in 45° or 60° of abduction depending on which way the pillow is positioned under the armpit. The padded shoulder strap and pad provide optimal patient comfort when wearing the support, which is designed to be worn following shoulder surgery.

### Indications

- Shoulder reconstruction/replacement
- Rotator cuff repairs
- Shoulder subluxation
- Post-operative shoulder immobilisation

### Product highlights

- Option of 45° or 60° of shoulder abduction
- Premium padded shoulder straps and pads
- Soft comfortable abduction pillow
- Black color hides body fluids post-surgery

### Measuring guide

One size fits most.

### Ordering information

Size	Product code
Universal	OBPIL1-U



## OrthoPatient Strap



The OrthoPatient Strap is an operating table restraint belt used to secure the unconscious patient to the table. The OrthoPatient Strap is constructed from 15mm thick terry towelling lined foam with hook Velcro closure, and is the perfect solution for limiting patient movement and safely holding patients in place on the table in the OR. Dimensions are 150cm x 14.5cm.

### Indications

- For securing patients to the operating table

### Product highlights

- Soft terry towelling lined foam
- 15mm thick foam
- Hook Velcro closure
- 150cm x 14.5cm dimensions

### Measuring guide

One size fits most.

### Ordering information

Size	Product code
Universal	OBPAS1-U

## OrthoER Shoulder



The OrthoER Shoulder external rotation shoulder immobiliser's innovative aluminium frame is adjustable to any degree of external shoulder rotation required along with having the ability to mould the waist band to the unique anatomy of each patient. Included in the design are silicone grip inside of the waistband, shoulder pads and waist pads to prevent unwanted shoulder rotation during recovery and rehabilitation. Can be easily opened to release the hand periodically to exercise the elbow and wrist without comprising shoulder support and immobilisation. Customised practice/hospital logos are available to be added to this product.

### Indications

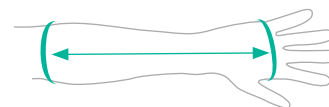
- Shoulder reconstruction/replacement
- Rotator cuff repairs
- Shoulder subluxation
- Post-operative shoulder immobilisation

### Product highlights

- Customise this product with your hospital/practice logo
- Silicone grips to prevent rotation
- Adjustable external rotation angle
- Quick release design for arm exercise

### Measuring guide

Measure from palmar crease to elbow crease.



### Ordering information

Size	Palmar crease to elbow crease (cm)	Palmar crease to elbow crease (in)	Product code
S	Up to 28.5cm	Up to 11¼"	OBERS1-2
M	28.5-33.5cm	11¼-13"	OBERS1-3
L	33.5-38.5cm	13-15"	OBERS1-4

## OrthoClavicle



The OrthoClavicle collarbone stabilisation brace is constructed of thick and soft foam shoulder pads with internal rigid nylon straps for rigid collarbone control. The OrthoClavicle can be used in conjunction with a sling or collar and cuff shoulder strap in the acute stages of collarbone fracture and then by itself (without the use of secondary shoulder support) once healing of the collarbone has begun in the middle to late stages of bone re-modelling. Can also be used for standard trunk postural support.

### Indications

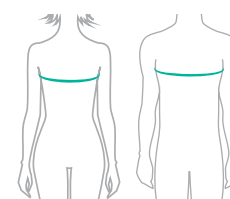
- Clavicle (collarbone) fractures
- Clavicle stabilisation following surgery
- Kyphosis
- Poor posture

### Product highlights

- Extra soft padded shoulder straps
- Paediatric to large adult sizes available
- Anterior Velcro fastening
- High quality posterior plastic loops

### Measuring guide

Measure the circumference of the chest.



### Ordering information

Size	Chest (cm)	Chest (in)	Product code
Paediatric	48-72cm	19-28½"	OBCLA1-P
Regular	72-95cm	28½-37½"	OBCLA1-REG
L	95 + cm	37½"+	OBCLA1-L

## OrthoShoulder Sleeve



The OrthoShoulder Sleeve is indicated for the support, stabilisation and elevation of the shoulder. The unique three pronged Velcro strapping system provides extra shoulder elevation and gleno-humeral joint congruity when it is needed most post shoulder injury or to support degenerative shoulder conditions. The three pronged Velcro straps also provide adjustable levels of support to both the anterior and posterior capsules of the shoulder. Constructed of breathable airprene for comfortable use in warmer climates.

### Indications

- Shoulder tendinopathy
- Rotator cuff degeneration
- Shoulder subluxation
- Shoulder strains and sprains

### Product highlights

- Unique adjustable three pronged Velcro straps
- Silicone bicep grip to prevent migration
- Breathable Airprene fabric
- Adjustable bicep strap for patient comfort

### Measuring guide

Measure the circumference of mid bicep.



### Ordering information

Size	Bicep (cm)	Bicep (in)	Product code
XS	24-28cm	9½-11"	OBSHS1-1
S	28-32cm	11-12½"	OBSHS1-2
M	32-35cm	12½-13¾"	OBSHS1-3
L	35-38cm	13¾-15"	OBSHS1-4
XL	38-42cm	15-16½"	OBSHS1-5

## OrthoHemi Shoulder



The OrthoHemi Shoulder is indicated for the support, stabilisation and elevation of the shoulder when weakness or paralysis of the upper limb(s) are involved. The circumferential forearm cuff which attaches to the patient adjustable colour coded strapping system, provides shoulder elevation and gleno-humeral joint congruity when it is needed most post stroke (CVA) or to support paralysis around the shoulder and arm caused by other neuromuscular conditions. Constructed of breathable airprene for comfortable use in warmer climates.

### Indications

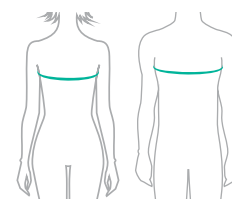
- Stroke (CVA)
- Subluxation of the shoulder
- Paralysis of the arm
- Peripheral nerve weakness

### Product highlights

- Breathable Airprene fabric
- Easy colour coded strapping system
- Low profile Velcro and straps
- Adjustable bicep and forearm cuffs

### Measuring guide

Measure the circumference of the chest.



### Ordering information

Size	Chest (cm)	Chest (in)	Product code (Right)	Product code (Left)
S/M	75-95cm	29.5-37.5"	OBHMI1-2/3R	OBHMI1-2/3L
L/XL	95-125cm	37.5-49"	OBHMI1-4/5R	OBHMI1-4/5L
XXL	125-135cm	49-53"	OBHMI1-6R	OBHMI1-6L

## OrthoHumerus



The OrthoHumerus is a revolutionary humeral fracture brace design which incorporates the comfort of an elasticised shoulder sleeve with the immobilisation of a bi-valved thermoplastic fracture cast brace. The removable thermo-formable polyethylene fracture supports can be cut and shaped to the specific anatomy of the patient. The removable and adjustable circumferential non-stretch velour Velcro straps allow the bi-valve shells to be specifically tightened in the correct position in relation to the fracture site. Soft, well padded sling attachment included. Available in regular length and 5 different sizes.

### Indications

- Humeral fractures
- Humeral fracture non-union
- Post-surgical humeral stabilisation

### Product highlights

- Shoulder sleeve/thermoplastic fracture brace design
- Optional sling attachment
- Moveable non-stretch circumferential support straps

### Measuring guide

Measure the circumference of mid bicep.



### Ordering information

Size	Bicep (cm)	Bicep (in)	Product code	Length of brace
XS	22.5-26cm	9-10¼"	OBHUM1-1	27.5cm
S	26-29.5cm	10¼-11½"	OBHUM1-2	29.5cm
M	29.5-33cm	11½-13"	OBHUM1-3	32cm
L	33-36.5cm	13-14½"	OBHUM1-4	33cm
XL	36.5-40cm	14½-15¾"	OBHUM1-5	35cm



## OrthoGallow Sling



Designed for the purpose of arm elevation following elbow, wrist /hand/finger injury or surgery, the OrthoGallow Sling is made from light, soft poly-cotton. Available with our without the webbing shoulder strap with slide buckle closure. One size fits most to reduce hospital inventory requirements.

### Indications

- Post-operative wrist/hand/finger elevation
- Wrist/hand swelling
- Post mastectomy

### Product highlights

- Easily converts to a standard arm sling (with shoulder strap)
- Available with or without shoulder strap
- Universal size

### Measuring guide

One size fits most.

### Ordering information

Size	Product code (With shoulder strap)	Product code (Without shoulder strap)
Universal	OBGAL1-U	OBGAL2-U



## OrthoROM Elbow



With mouldable, padded aluminium bicep and forearm cuffs and telescoping side bars, the OrthoROM Elbow brace can be adjusted to almost all sizes for the perfect fit every time. With easy push button range of motion adjustability and a drop lock mechanism to lock the brace in multiple different angles, the OrthoROM Elbow can be set in a static range of motion (ROM) post injury/surgery and unlocked periodically so the patient can exercise their elbow through a restricted ROM. Optional press button sling included with every brace.

### Indications

- Radial head fracture/surgery
- Elbow tendon/ligament repair
- Post elbow dislocation
- Stable fractures of the distal humerus

### Product highlights

- Adjustable bicep and forearm cuffs
- Telescopic sidebars
- Push button ROM adjustment
- Fastening clips allow one handed don/doff

### Measuring guide

Universal sized. One size fits most. Comes in right or left.

### Ordering information

Size	Product code (Right)	Product code (Left)
Universal	OBRME1-UR	OBRME1-UL



## OrthoTennis Elbow Pro



The highest quality epicondylitis brace on the market, the OrthoTennis Elbow Pro provides elite relief from acute and chronic pain distal to the elbow. Commonly caused by overuse injuries of the proximal forearm tendons, epicondylitis, commonly referred to as tennis or golfer's elbow, can be successfully relieved by adding pressure just below the point of most pain to redirect the force travelling through the tendon to a more healthy part of the arm. No other epicondylitis strap on the market asserts this force on the epicondyle tendons more comfortably and successfully than the OrthoTennis Elbow Pro.

### Indications

- Lateral epicondylitis (tennis elbow)
- Medial epicondylitis (golfer's elbow)
- Prevention of sporting and work related elbow injuries

### Product highlights

- High quality heat sealed velour construction
- Silicone anti rotation/migration dots
- Removable viscoelastic pressure pad
- Elasticised adjustable forearm strap

### Measuring guide

Universal sized. One size fits most. Fits both right and left sides.

### Ordering information

Size	Product code
Universal	OBTEP1-U





## OrthoKids Leg/Arm Immo



The OrthoKids Leg/Arm Immo is a single panel immobiliser that can be used to immobilise both the knees and elbows. Made from high quality foam with posterior aluminium stays and semi-rigid lateral high density polymer bones, the OrthoKids Leg/Arm Immo provides superb support and immobilisation following surgery or injury to both the knee and elbow. Available in 8", 10", 12", 14", 16", 18" and 20" heights and in 5 different sizes.

### Indications

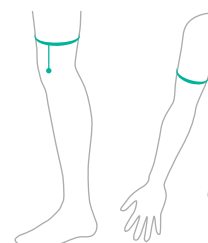
- Post elbow surgery
- Post knee surgery
- Infant arm immobilisation (IV use)
- Elbow/knee contractures

### Product highlights

- Available in 35 different sizes
- Anti-migration strapping system
- Lightweight material
- Infant to young adult sizes available

### Measuring guide

Measure thigh circumference 15cm above mid patella or mid bicep.



### Ordering information

Size	XS	S	M	L	XL
Thigh/bicep (cm)	20-34cm	23-39cm	26-44cm	30-49cm	34-54cm
Thigh/bicep (in)	8-13½"	9-15½"	10¼-17¼"	11¾-19¼"	13½-21½"
Product code 8"	OB8LA1-1	OB8LA1-2	OB8LA1-3	OB8LA1-4	OB8LA1-5
Product code 10"	OB10L1-1	OB10L1-2	OB10L1-3	OB10L1-4	OB10L1-5
Product code 12"	OB12L1-1	OB12L1-2	OB12L1-3	OB12L1-4	OB12L1-5
Product code 14"	OB14L1-1	OB14L1-2	OB14L1-3	OB14L1-4	OB14L1-5
Product code 16"	OB16L1-1	OB16L1-2	OB16L1-3	OB16L1-4	OB16L1-5
Product code 18"	OB18L1-1	OB18L1-2	OB18L1-3	OB18L1-4	OB18L1-5
Product code 20"	OB20L1-1	OB20L1-2	OB20L1-3	OB20L1-4	OB20L1-5

## OrthoKids Leg/Arm Immo Lite



The OrthoKids Leg/Arm Immo Lite is a single panel immobiliser that can be used to immobilise both the knees and elbows. Made from a soft, lightweight cotton material with plastic stays, the OrthoKids Leg/Arm Immo Lite provides superb support and immobilisation following surgery or injury to both the knee and elbow. Can be used in infants to keep the elbow straight for IV use. Height of brace increases as product circumference increases. Available in 6 different sizes.

### Indications

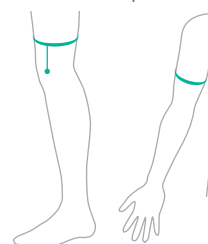
- Post elbow surgery
- Post knee surgery
- Infant arm immobilisation (IV use)
- Elbow/knee contractures

### Product highlights

- Available in 6 different sizes
- Anti-migration strapping system
- Lightweight material
- Infant to young adult sizes available

### Measuring guide

Measure thigh circumference 15cm above mid patella or mid bicep.



### Ordering information

Size	Thigh/bicep (cm)	Thigh/bicep (in)	Height of brace =	Product code
XXS	16-24cm	6¼-9½"	12cm/4¾"	OBLAL1-0
XS	18-29cm	6¾-12"	16.5cm/6½"	OBLAL1-1
S	20-34cm	8-13¼"	21cm/8¼"	OBLAL1-2
M	22-39cm	8½-15¼"	25.5cm/10"	OBLAL1-3
L	24-44cm	9½-17¼"	30cm/11¾"	OBLAL1-4
XL	26-49cm	10¼-19¼"	34.5cm/13½"	OBLAL1-5



## OrthoWrist Pro



The OrthoWrist Pro is a superior quality wrist brace perfect for reducing the symptoms of carpal tunnel syndrome (CTS) and other bony and soft tissue injuries of the wrist. OrthoWrist Pro is made of the most premium soft, breathable velour with air holes for ultimate patient comfort. Designed with one volar aluminium stay and two dorsal aluminium stays for high level wrist immobilisation and a circumferential wrist strap for extra support. Fits a wide range of shapes and sizes and both right and left wrists.

### Indications

- Carpal tunnel syndrome (CTS)
- Wrist sprains and strains
- Support following cast removal
- Post-surgical support

### Product highlights

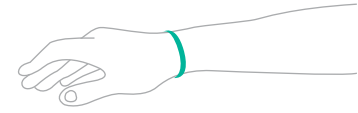
- Fits left and right wrists
- Short design for specific wrist support
- Low profile, lightweight design
- Two sizes fit most sized wrists

### Ordering information

Size	Wrist (cm)	Wrist (in)	Product code
Regular	14-18cm	5.5-7"	OBWPR1-REG
Large	18-22cm	7-11"	OBWPR1-4

### Measuring guide

Measure wrist circumference.



## OrthoWrist Pro Thumb Attachment



The OrthoWrist Pro Thumb Attachment is designed solely for use with the OrthoWrist Pro to add additional immobilisation to the thumb and carpometacarpal (CMC) joint. Attaching to the OrthoWrist Pro with strong, low profile Velcro the attachment sits underneath the circumferential wrist strap. Constructed with inbuilt malleable and adjustable aluminium supports the attachment covers the dorsal and volar aspects of the thumb and wraps around the circumference of the proximal phalanx of the thumb. Thumb aperture is fully adjustable.

### Indications

- Stable scaphoid fractures
- CMC injury
- Mild to severe De Quervain's tenosynovitis
- Thumb sprains and strains

### Product highlights

- Fits left and right wrists
- Short design for specific support
- Low profile, lightweight design
- One size fits most

### Measuring guide

The OrthoWrist Pro Thumb attachment is a universal sized and sided thumb attachment for the OrthoWrist Pro. It is designed to be adjusted to fit most common thumb sizes.

### Ordering information

Size	Product code
Universal	OBWPT1-U

## OrthoWrist



With its extra-long forearm design and volar, dorsal and lateral aluminium stays, the OrthoWrist brace provides the very best in wrist bracing immobilisation. Designed primarily for the protection of mild, stable distal forearm fractures, the OrthoWrist is a versatile wrist brace that can also be used for post-operative recovery from wrist surgery, post plaster or fibreglass cast removal or for mild to severe wrist sprains. The soft inner lining materials used also provide optimal patient comfort.

### Indications

- Buckle fractures
- Mild, stable distal radius and wrist fractures
- Support following cast removal
- Wrist sprains and strains

### Product highlights

- Extra-long forearm design
- 3 straps provide optimal support\*
- Volar, dorsal and lateral aluminium stays
- Soft inner lining

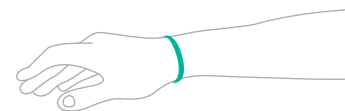
### Ordering information

Size	Wrist (cm)	Wrist (in)	Product code (Right)	Product code (Left)
XS	13-16cm	5-6¼"	OBWRI1-1R	OBWRI1-1L
S	15-18cm	5¾-7"	OBWRI1-2R	OBWRI1-2L
M	16-20cm	6¼-7¾"	OBWRI1-3R	OBWRI1-3L
L	19-23cm	7½-9"	OBWRI1-4R	OBWRI1-4L

\*XS size has only 2 straps.

### Measuring guide

Measure wrist circumference.



## OrthoSpica



The OrthoSpica wrist/thumb brace is designed to provide optimal brace immobilisation of conditions requiring stabilisation of the wrist and thumb. Designed with two dorsal, one volar and a medial aluminium stay, the OrthoSpica provides the support required to immobilise the wrist and thumb following injury or surgery secondary to fractures of the carpometacarpal (CMC) joint, thumb and the scaphoid. Also indicated for soft tissue injury of the wrist and/or thumb.

### Indications

- Stable scaphoid fractures
- CMC injury
- Thumb sprains and strains
- Severe De Quervain's Tenosynovitis

### Product highlights

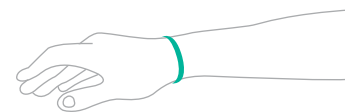
- Short design for specific thumb immobilisation
- Removable and adjustable aluminium stays
- Immobilisation in three planes
- Soft inner lining

### Ordering information

Size	Wrist (cm)	Wrist (in)	Product code (Right)	Product code (Left)
S	15-18cm	5¾-7"	OBSPI1-2R	OBSPI1-2L
M	16-20cm	6¼-7¾"	OBSPI1-3R	OBSPI1-3L
L	19-23cm	7½-9"	OBSPI1-4R	OBSPI1-4L

### Measuring guide

Measure wrist circumference.



## OrthoWrist Uni



With its unique drawstring fastening system, the OrthoWrist Uni is a one size fits most wrist brace which is perfect for emergency departments and other facilities not wanting to stock multiple sizes. Designed with a wide rigid volar aluminium stay and two dorsal semi-rigid plastic stays, the OrthoWrist Uni provides a moderate level of wrist immobilisation. Fits both left and right wrists.

### Indications

- Acute undiagnosed wrist injuries
- Mild stable distal radius fractures
- Mild stable wrist fractures
- Wrist sprains and strains

### Product highlights

- One size fits most
- Fits left and right wrists
- Fast and easy application
- Soft inner lining

### Measuring guide

The OrthoWrist Uni is a universal sized and sided wrist brace. It is designed to fit most common sizes across the adult population.

### Ordering information

Size	Product code
Universal	OBWRU1-U



## OrthoKids Wrist



With its extra-long forearm design and volar and dorsal aluminium stays, the OrthoKids Wrist brace provides elite children's wrist bracing immobilisation. Designed primarily for the protection of mild, stable distal forearm fractures, the OrthoKids Wrist brace is versatile and can also be used for post-operative recovery from wrist surgery, post plaster or fibreglass cast removal or for mild to severe wrist sprains and strains. Made of neoprene to allow trimming of the shape with scissors for the perfect fit every time.

### Indications

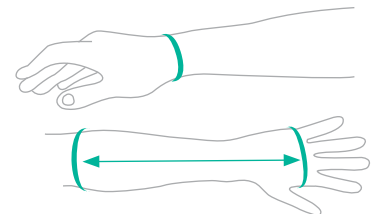
- Buckle fractures
- Mild stable distal radius fractures
- Wrist sprains and strains
- Carpal tunnel syndrome

### Product highlights

- Trimmable neoprene base layer
- Long design for increased immobilisation
- Removable and adjustable aluminium stays
- Fits infants to small adults

### Measuring guide

Measure palmar crease to elbow crease length and measure wrist circumference. Prioritize palmar crease to elbow crease length over wrist circumference.



### Ordering information

Size	Palmar crease to elbow crease (cm)	Palmar crease to elbow crease (in)	Wrist (cm)	Wrist (in)	Product code (Right)	Product code (Left)
XXXS	17.5-21cm	7-8¼"	14-21cm	5½-8½"	OBKIWI1-00R	OBKIWI1-00L
XXS	20-23.5cm	8-9¼"	15-23cm	6-9"	OBKIWI1-0R	OBKIWI1-0L
XS	22.5-25.5cm	9-10"	16-25cm	6¼-10"	OBKIWI1-1R	OBKIWI1-1L
S	25.5-28.5	10-11¼"	17-27cm	6¾-10½"	OBKIWI1-2R	OBKIWI1-2L
M	28.5-34cm	11¼-13¼"	18-28cm	7-11"	OBKIWI1-3R	OBKIWI1-3L
L	34-39cm	13¼-15½"	19-30cm	7½-12"	OBKIWI1-4R	OBKIWI1-4L



## OrthoCTS



The OrthoCTS wrist brace is an economical solution, perfect for reducing the symptoms of carpal tunnel syndrome (CTS) prior to surgery by keeping the wrist in a neutral or extended position. This keeps the carpal tunnel at stretch. The OrthoCTS can also be used post CTS surgery and for other soft tissue wrist injuries. Designed with one volar aluminium stay for wrist immobilisation and a circumferential elastic strap for extra support.

### Indications

- Carpal tunnel syndrome (CTS)
- Wrist sprains and strains
- Support following cast removal
- Prophylactic wrist injury prevention

### Product highlights

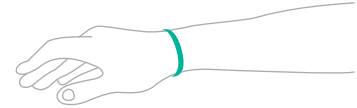
- Short design for specific support
- Lightweight
- Elastic provides comfortable compression
- Velcro closure

### Ordering information

Size	Wrist (cm)	Wrist (in)	Product code (Right)	Product code (Left)
XS	Up to 13.5cm	Up to 5¼"	OBCTS1-1R	OBCTS1-1L
S	13.5-16.5cm	5¼-6½"	OBCTS1-2R	OBCTS1-2L
M	16.5-19cm	6½-7½"	OBCTS1-3R	OBCTS1-3L
L	19-22cm	7½-8½"	OBCTS1-4R	OBCTS1-4L
XL	22cm+	8½"+	OBCTS1-5R	OBCTS1-5L

### Measuring guide

Measure wrist circumference.



## OrthoRhiza



The OrthoRhiza is made of the most premium soft, breathable velour with air holes for ultimate patient comfort. The OrthoRhiza has inbuilt malleable and adjustable aluminium supports covering the dorsal and volar aspects of the thumb and also encompassing the circumference of the proximal phalanx. This provides superb immobilisation of the metacarpophalangeal (MCP) joint and also moderate carpometacarpal joint support.

### Indications

- De Quervain's tenosynovitis
- Tendinitis of the Thumb
- Rhizoarthritis (Thumb)
- Post-operative thumb support

### Product highlights

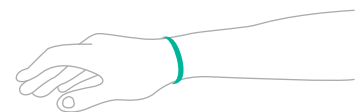
- Fits left and right thumbs
- Mouldable aluminium support
- Low profile, breathable material
- Two sizes fit most sized thumbs

### Ordering information

Size	Wrist (cm)	Wrist (in)	Product code
Regular	14-18cm	5.5-7"	OBRH11-REG
Large	18-22cm	7-11"	OBRH11-4

### Measuring guide

Measure wrist circumference.



## OrthoStaxx Finger



Designed for the immobilisation of distal interphalangeal (DIP) joint of the fingers. Immobilisation of the DIP joint may be required following injury or surgery secondary to ruptured tendons of the finger, fractures of the distal or middle phalanx, or nail or nail bed problems. Made of lightweight, perforated plastic, the OrthoStaxx Finger is designed to be fixed in position with medical tape. (Tape not included.)

### Indications

- Ruptured finger extensor tendons
- Fractures of the distal or middle phalanx
- Nail or nail bed injuries
- Mallet finger

### Product highlights

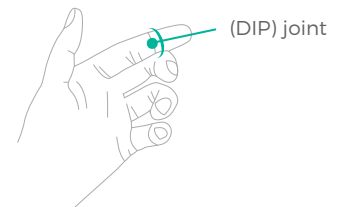
- Made of lightweight, perforated plastic
- Sold in packs of 6 (same size) or a 30 piece set
- 8 different sizes
- 30 piece pack includes mixed sizes


### Ordering information

Size	DIP joint (cm)	Product code (6pack)
1	5cm or less	OBSTX1-1
2	5.0-5.5cm	OBSTX1-2
3	5.5-5.8cm	OBSTX1-3
4	5.8-6.1cm	OBSTX1-4
5	6.1-6.3cm	OBSTX1-5
5.5	6.3-6.9cm	OBSTX1-5.5
6	6.8-7.3cm	OBSTX1-6
7	7.3-8.4cm	OBSTX1-7
30 piece pack (all sizes)	NA	OBSTX1-30

### Measuring guide

Measure the circumference of the distal interphalangeal (DIP) joint.



The background is a solid blue color with several white, stylized, overlapping geometric shapes that resemble the letter 'K' or 'R' on the left side. The shapes are composed of thick white lines and have rounded corners. The text is positioned on the right side of the page.

# Knee Scooters and Crutches

## Freestyle Knee Walker



A perfect alternative to crutches for patients recovering from lower limb injuries, the Freestyle Knee Walker is designed for faster mobility with optimum comfort. It is suitable for most ages and is right and left leg compatible. The bicycle frame inspired design is strong, lightweight and easily maneuverable in tight spaces and the narrow rear wheel base allows the user to scoot along easily without unwanted contact to the support leg. Available in black. Optional lamb's wool knee pad cover sold separately.

### Indications

- Ankle/foot injury
- Where crutches are not suitable
- Upper limb weakness
- Faster return to work

### Product highlights

- Strong, lightweight design
- Rear brakes for safe stopping
- Folds down for storage

### Measuring guide

One size fits most.

### Ordering information

Color	Product code
Black	KW-01
Knee pad cover	KW-PC

\*Optional lamb's wool knee pad cover sold separately.

## OrthoForearm Crutches/OrthoUnderarm Crutches



OrthoBrace crutches come in 3 styles. OrthoForearm, OrthoUnderarm and OrthoUnderarm Heavy Duty.

**OrthoForearm Crutches:** Ergonomically designed handles gives comfort to patients with a weak grip or to prevent painful hands. Made of lightweight anodized aluminium. Weight rated to 130kg per crutch. Universal sized. Push button height adjustability. Sold in pairs.

**OrthoUA Crutches:** Made of lightweight anodized aluminium. Weight rated to 135kg per crutch. 3 sizes. Push button height adjustability. Sold in pairs.

**OrthoUA Heavy Duty Crutches:** Extra strong steel frame. Weight rated to 227kg per crutch. 2 sizes. Push button height adjustability. Sold in pairs.

**OrthoCrutch Tips:** Replacement rubber stoppers for the bottom of crutches. Sold in pairs.

### Indications

- Ankle injury/surgery
- Foot injury/surgery
- Knee injury/surgery

### Measuring guide

Measure height of patient and refer to sizing chart.

### Product highlights

- Strong, lightweight design
- Available in 3 different styles
- Bariatric options weight rated to 227kg per crutch
- Height adjustable

### Ordering information

Style	Size	Patient height	Product code
OrthoForearm	Universal	148-195cm	OBFAC-U
OrthoUA	S	135-155cm	OBUAC-2
OrthoUA	M	155-175cm	OBUAC-3
OrthoUA	L	175-200cm	OBUAC-4
OrthoUA Heavy Duty	M	165-190cm	OBUHD-3
OrthoUA Heavy Duty	L	190cm+	OBUHD-4
OrthoCrutch Tips	Universal	NA	OBCRT-U





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